

# National High Adventure Sea Base

## Unit Swim Classification Record

This form indicates the individual's swim classification as of this date listed below. The date the swim test was conducted must be within 12 months of the start date of your adventure; Sea Base does not administer the BSA Swim Test.

Crew Number: \_\_\_\_\_ Date of Swim Test: \_\_\_\_\_

**The following crew members (youth and adults) have all passed the swim test indicated on this record and are classified as "Swimmers":**

|    | Full Name (Print) |    | Full Name (Print) |
|----|-------------------|----|-------------------|
| 1  |                   | 11 |                   |
| 2  |                   | 12 |                   |
| 3  |                   | 13 |                   |
| 4  |                   | 14 |                   |
| 5  |                   | 15 |                   |
| 6  |                   | 16 |                   |
| 7  |                   | 17 |                   |
| 8  |                   | 18 |                   |
| 9  |                   | 19 |                   |
| 10 |                   | 20 |                   |

Name of Person Conducting Test (Print) \_\_\_\_\_

Signature of Person Conducting Test \_\_\_\_\_

Qualification of Person Conducting Test:

Aquatics Instructor, BSA

BSA Lifeguard

Swimming Instructor

Cub Scout Aquatics Supervisor

Certified Lifeguard

Swim Coach

Unit Leader or Contingent Leader Name (Print) \_\_\_\_\_

Unit Leader or Contingent Leader Signature \_\_\_\_\_

This Unit Swim Classification Record is to be presented during check-in at Sea Base. This record must be completed and signed at the time of the classification testing. This record is to be used for all Sea Base Adventures and at all Sea Base locations, including the Bahamas, Florida Keys, and US Virgin Islands.

## Swim Classification Procedures

The swim classification of individuals participating in a Boy Scouts of America activity is a key element in both *Safe Swim Defense* and *Safety Afloat* plans. The swim classification tests should be renewed annually, preferably at the beginning of each outdoor season. Traditionally, the swim classification test has only been conducted at summer camp. However, there is no restriction that this be the only place the test can be conducted.

**All Sea Base adventures require that this swim classification be completed prior to arrival.**

As indicated by *Safety Afloat* and *Safe Swim Defense* plans, all persons participating in all swimming and boating activities are required to be “swimmers”.

### **SWIMMER’S TEST:**

- Jump Feetfirst into water over the head in depth, level off, and begin swimming.
- Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen or front crawl.
- Swim 25 yards using an easy, resting backstroke.
- The 100 yards must be swum continuously and include at least one sharp turn.
- After completing the swim test, rest by floating.

The swim classification test done at a unit level should be conducted by one of the following resource people: Aquatics Instructor, BSA; Aquatics Cub Supervisor; BSA Lifeguard; certified lifeguard; swimming instructor; or swim coach.

NOTE: You may use a council approved unit swim classification list instead of this form. Please be sure to copy it for each crew, write the crew number on each sheet and indicate the persons on the record that are in that particular crew. The person conducting the swim classification test must meet the standards listed above.