

# Majestic Depths

SEA BASE WORSHIP FOR CHRISTIANS,  
MUSLIMS, AND JEWS



BOY SCOUTS



OF AMERICA®

# KEYS BLESSING AND GRACE

## Hymn:

(to the tune of “For the Beauty of the Earth”)

For the grandeur of the Keys, for the azure of the skies,  
For the cooling ocean breeze,  
Coral sand beneath us lies,  
Hear our voices rise to Thee, bless us while we’re on the sea.

For the coral so alive, for the treasures we explore,  
For our safety when we dive,  
For our captains, crew and more,  
Bless us Lord, we pray to Thee, as we dive beneath the sea.

For the palm trees tall and green, for the sunsets’ golden hue,  
For the sights so seldom seen,  
Distant waters green and blue,  
For the wonders we can see, blessings we beseech of Thee.

For the mighty winds and tide, for the steady engines’ roar,  
For the Sea Base boats we ride,  
Reef to reef and shore to shore,  
Bless us Father while we roam, then return us safely home.

## Grace:

Bless the creatures of the sea.  
Bless the person I call me.  
Bless the Keys You made so grand.  
Bless the sun that warms the land.  
Bless the fellowship we feel  
As we gather for this meal.  
AMEN.

Hymn – © Eugene Foley for the Florida Sea Base, 2006

Grace – John P. Hammond for the Florida Sea Base, ca. 1978.

# MAJESTIC DEPTHS

## SEA BASE WORSHIP FOR CHRISTIANS, MUSLIMS, AND JEWS

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## WELCOME TO SEA BASE!

You are about to embark on an adventure that you will remember for the rest of your life! Whether you are sailing, diving, fishing, or camping, you will encounter some of the most beautiful sites in the entire world. Perhaps most importantly, you will see God's handiwork, and how humankind has interacted with God's creation.

The coral reefs upon which the Keys and islands are built support a fragile ecosystem. The colorful varieties of flora and fauna are unparalleled in all of America. You will have a chance to experience this beauty while learning how changes in the environment affect life on the reefs. You will have an opportunity to help to preserve this magnificent coral world, both on land and in the water. You will also come to realize that what we do every day when we return home has an impact on our oceans.

This worship book provides resources for the three largest faith groups in America (Christians, Jews, and Muslims). These major sections are modeled after land-based treks lasting up to 10 days, so that this book can be used in your camping experiences in other adventures as well. Keep this book handy. After returning home, take it camping with you and use the examples for worship and prayer frequently.

Additionally, sections are provided for music and interfaith worship. The hymns in *Majestic Depths* include several that were written specifically for the Sea Base. Baden-Powell, the founder of the world Scouting movement, affirmed that young adults can heighten their experiences, both in the adventure and in their recognition of God's presence, with song. There is reason to sing of God's glory at the Sea Base. Few people will ever experience what you will encounter in this adventure.

As part of your experience at Sea Base, visit the chaplain and participate in a formal worship service. If time permits, your chaplain may accept your invitation to join you in a worship service on the water or on an island, perhaps with other crews that are nearby. If you have a need for special religious services, the chaplain will help to arrange for your needs.

May God bless you with a safe, enjoyable and memorable experience.

## CHAPLAIN AIDE DUTIES

Encourage crew members to strengthen their own relationships with God through personal prayer, devotions, and participation in religious activities. As a goal, attend at least one chapel service during your week at Sea Base.

Teach the Sea Base grace to the crew and use it for meals. Learn to sing the grace as an aid to memorization and to give it lasting meaning. As a goal, have each crew member lead at least two prayers during your week at Sea Base. These can be done by leading grace, including leading the singing or saying of grace at flag ceremonies.

Organize times for reflection and meditation. Use the resources of Majestic Depths, passages from scripture, or special experiences of the day. Set aside sufficient time for discussion, reflection, and prayer. As a goal, have each crew member lead or actively participate in at least two periods of reflection during your week at Sea Base.

Provide an opportunity to learn about the religious emblems programs, religion in Scouting, and Interfaith Scout Services. Meet with the chaplain to obtain this information. As a goal, arrange a meeting between the chaplain and your crew to discuss religious programs in Scouting.

Remember to be sensitive to the various faiths and beliefs of your crew members. Collaborate with your crew leader and advisor whenever you encounter difficulties or have concerns. Remember that the Sea Base chaplain is available to help you and your crew to have the best experience possible.

If you have achieved your goals, you may be eligible for the Sea Base Duty to God award. This patch can be earned by all of your crew members, including adults! If the requirements are not in your leaders' packet, the chaplain will provide them to you.



# **MAJESTIC DEPTHS**

## **SEA BASE WORSHIP**

### **CHRISTIAN SECTION**

#### **CONTENTS**

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# A SHORT ORDER OF WORSHIP—I

## CALL TO WORSHIP

Leader: This is the day the Lord has made.

All: Let us rejoice and be glad in it.

**HYMN** (see Hymns Section, H-1 to H-20)

Psalm 95:1-7a (Revised English Version [REV])

Come! Let us raise a joyful song to the Lord,  
a shout of triumph to the rock of our salvation.  
Let us come into his presence with thanksgiving  
and sing psalms of triumph to him.

For the Lord is a great God  
a great King above all gods.  
The depths of the earth are in his hands,  
the peaks of the mountains belong to him;  
the sea is his, for he made it,  
and the dry land which his hand fashioned.

Enter in! Let us bow down and worship,  
let us kneel before the Lord who made us,  
for he is our God,  
we the people he shepherds, the flock in his care.

**PRAYER** (in unison) God, our Father, we thank you for the beauty of the earth, for the food we eat and for the comforts we enjoy. Help us to love others more, to be concerned with the problems of our day, and to understand Your will in our actions. Grant us the strength to live wisely and well, to be worthy users of Your creation and ready and willing workers for the causes of goodness. Amen.



## SCRIPTURE

Hebrews 10:22–25 (Today’s English Version [TEV])

“So let us come near to God with a sincere heart and a sure faith, with hearts that have been purified from a guilty conscience and with bodies washed with clean water. Let us hold on firmly to the hope we profess, because we can trust God to keep His promise. Let us be concerned for one another, to help one another to show love and to do good. Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more, since you see that the Day of the Lord is coming nearer.”

## MEDITATION/REFLECTION

You may read the meditation for this day from pages C-7–C-13 or take a few moments for personal silent reflection. Some may choose to share their reflections with the crew.

## PRAYERS OF THE PEOPLE

(Spontaneous prayer from participants)

You may use A Litany, page C-4, or the Lord’s Prayer.

**HYMN** (see Hymns Section, H-1 to H-26)

## BLESSING

May the Lord bless you, protect you from all evil, and bring you to everlasting life. Amen.

## **A LITANY**

**Leader:** For moonlight on the sea, for starlit skies above,  
For mangrove-covered islands, for the country that I  
love,

**All:** We thank you, O Lord.

**Leader:** For wind in whispering pines, for eagles soaring high,  
For the beauty of the clouds against an azure sky,

**All:** We thank you, O Lord.

**Leader:** For friends who walk with me along life's awesome  
trail,  
For those who share their care with me, especially  
when I fail,

**All:** We thank you, O Lord.

**Leader:** O Jesus, who walked the road with two followers to  
Emmaus,  
Join us on our journey for the whole day through.

**All:** O Lord, abide with us.

**Leader:** As the sun rises above the lonesome sea,  
May your love and care for us in all our actions be.

**All:** O Lord, walk with us. Amen.

## **THE LORD'S PRAYER**

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory, forever and ever. Amen.

## SERVICE OF PRAISE

(After a day on the water.)

### **PRAISE OF THE CREATOR**

Psalm 148

(spoken responsively)

**Praise the Lord from the heavens,  
praise Him in the heights above.**

**Praise Him, sun and moon,  
praise Him, all you shining stars.**

**Praise Him, you highest heavens  
and you waters above the skies.**

**Let them praise the name of the Lord  
for He commanded and they were created.**

**He set them in place forever and ever;  
He gave a decree that will never pass away.**

**Praise the Lord from the earth,  
you great sea creatures and all ocean depths,**

**lightning and hail, snow and clouds,  
stormy winds that do His bidding,**

**you mountains and all hills,  
fruit trees and all cedars,**

**wild animals and all cattle,  
small creatures and flying birds,**

**kings of the earth and all nations  
you princes and all rules on the earth,**

young men and maidens,  
old men and children.

**Let them praise the name of the Lord,  
for His name alone is exalted;  
His splendor is above the earth and the heavens.**

He has raised up for His people a horn,  
the praise of all His saints,  
for all His people who are near to Him

**All: Praise the Lord!**

### **MOMENT OF SILENCE AND REFLECTION**

(In this quiet moment, please feel free to share your thoughts  
and prayers by breaking the silence.)

### **CLOSING SONG**

*America the Beautiful*, page I-2

# DAILY MEDITATIONS

## DAY ONE

### SETTING DIRECTIONS

“Lord, make me know Your ways. Lord, teach me Your paths.”  
(Psalm 25:4, *The Psalms: A New Translation*)

A successful Sea Base adventure requires much preparation. Physical readiness and adequate planning in terms of equipment, food, clothing, etc., are all ways to set a direction for your crew. Mental and spiritual preparation are no less important. The Florida Keys is a place where God can speak to you in new and exciting ways. Just as you prepare for your adventure, tapping the resources of advisers, mates, and those who have gone before you, so too, do you prepare for experiences of God on this experience by tapping the resources of God’s word. We do daily prayer and reflection which bring us into deeper contact with the Word of God: Jesus. He is your Guide, your Friend, your Strength, your Counselor on this journey. Jesus shows us the way and helps us conquer all fears!

**For reflection:** How are you preparing yourself to make this adventure a journey with the Lord? What can you do to keep yourself aware of Jesus’ continuing presence? (You may choose to share your thoughts with a friend or a crew member).

**Lead me in Your truth, O Lord and teach me! You are the God of my salvation.**

## DAY TWO

### STARLIT SKIES ABOVE

“When I look at the sky, which You have made, at the moon and the stars which You set in their places—What is man, that You think of him, Mere man, that You care for him?”

(Psalm 8:3–4, TEV)

How beautiful are the Sea Base nights! The stars are so plentiful; they seem so close that you feel you can almost touch them. The silence and beauty of the night help us to realize the quiet power and majesty of God. Yet, this God loves each of us personally and intimately, and the greatest and most beautiful part of His creation lies not in the heavens, but right here on earth. You are the crowning glory of His creative hands—you are the reason for all creation.

**For reflection:** How do you see yourself as made in the image and likeness of God? What can you do to deepen respect for the beauty and glory of God alive in you?

Are you aware that God is present in each member of your crew? Does that knowledge change how you respond to them? (You may choose to share your thoughts with a friend or a crew member).

**Lord, thank you for life and beauty and the bounty of your creation.**

## DAY THREE

### WHEN THE GOING GETS TOUGH

“If God is for us, who can be against us? Who then, can separate us from the love of Christ? Can trouble do it, or hardship or persecution or hunger or poverty or danger? For I am certain that nothing can separate us from His love . . . there is nothing in all creation that will ever be able to separate us from the love of God which is ours through Christ Jesus our Lord.”

(Romans 8:31, 35, 38–39, TEV)

The Sea Base adventure involves new skills in living with the sea and dealing with weather, fatigue, and unexpected circumstances and challenges. At times, it may seem that the difficulties are insurmountable, the hardships unbearable. However, it often happens that the greatest hardships in life become our greatest opportunities for growth. We have to realize that we are not alone—we have each other and the abiding presence and help of our God Who will guide us and give us strength. Nothing can separate us from His love that comes to us through Jesus. He invites us to trust in him and to realize that we walk with him.

**For reflection:** What have I done so far to help my crew come together as a team? Do I need to change in order to be more crew-oriented? (You may choose to share your thoughts with a friend or a crew member).

**Lord, help me to be cheerful in the face of difficulties. With your help I will conquer all obstacles!**

## DAY FOUR

### SEA BREEZES

“He (the Lord) traveled on the wings of the wind.”

(II Samuel 22:11 and Psalm 18:10, TEV)

These words are a line from a song that King David sang to his Lord. We can often hear the wind moving across the waves and playing a soft melody. It is almost as if the seas were whispering to one another or to us below. Or as if God were playing a lullaby for us on His wind instrument.

The Lord touches all of His creation. He caresses the pines with His wind. He touches us with His love and forgiveness.

The “sea breezes” can become the sound in nature that reminds us of St. Paul’s gentle words, “Be kind and tenderhearted to one another and forgive one another, as God has forgiven you through Christ.” (Ephesians 4:32, TEV) He who lives by forgiving and being forgiven lives in peace.

**For reflection:** Is there one whom you want to ask for forgiveness? Is there one whom you feel the need to forgive? (You may choose to share your thoughts with a friend or a crew member).

**Dear Father, where I have sinned, forgive me, and where I am afraid, give me courage. Amen.**

## DAY FIVE

### FOR FOOD, FOR RAIMENT

“Having food and raiment, let us therewith be content.”

(1 Timothy 6:8, King James Version [KJV])

Another translation of Scripture translates this verse: “If we have food and clothes, that should be enough for us.” (TEV)

Most of us at the Sea Base have become accustomed to having much more than food and clothes. There is nothing wrong with wealth. Some of the Biblical heroes like Abraham and David were very wealthy. Our heavenly Father in His mercy not only forgives us all our sins through Jesus’ death at Calvary, He also provides us with all that we need to support our bodily life.

We who have been so richly blessed may choose in thanksgiving to share our wealth with others.

Dr. William Foege, who helped eradicate smallpox from the world, recently challenged us to work together to eradicate hunger as well.

If we include the hungry in the “us” when we pray, “give us this day our daily bread,” then we are also asking God to involve us in feeding the hungry. What a great commission this becomes: to join God in feeding the hungry and clothing the naked! Jesus promises us “Whenever you did this for one of the least important of these brothers of mine, you did it for Me.”

(Matthew 25:40, TEV)

**For reflection:** What have you done for those less fortunate than yourself? What do you consider our obligations to those



in need are? What does Jesus mean when he says, “Blessed are the poor . . .”? (You may choose to share your thoughts with a friend or a crew member).

**For food, for raiment . . . we thank Thee, O Lord.**

## DAY SIX

### FOR FRIENDSHIP AND FELLOWSHIP

“The greatest love a person can have for his friends is to give his life for them. And you are My friends if you do what I command you . . . I call you friends . . . You did not choose Me; I chose you.” (John 15: 13–16, TEV)

One day a kindergarten teacher asked her class, “What is a friend?” One little boy answered, “A friend is someone who knows you and still likes you.” If he is right, then “what a friend we have in Jesus!”

Jesus knows our most secret self and still He loves us. When He prayed on the cross, “Father, forgive them . . .,” He was praying also for you and me. “The blood of Jesus His Son cleanses us from all sin.” Jesus promised us life with Him forever. He is a real friend.

Friends at Sea Base are God’s gifts to us and through them God seeks to care for us and love us. They are not perfect, but like us, through Christ’s death and resurrection, they live forgiven. We thank God for good friends.

**For reflection:** Who are some of the people who have been friends to you on the your adventure? Thank God for them by name and thank those who have shown you acts of friendship. Have I been a friend? (You may choose to share your thoughts with a friend or crew member.)

**For friendship and fellowship, we thank Thee, O Lord.  
Amen.**

## DAY SEVEN

### THE LAND AND THE SEA

“And you will live a long time in the rich and fertile land that the Lord promised to give your ancestors and their descendants . . . The land that you are about to enter is a land of mountains and valleys, a land watered by rain. The Lord, your God takes care of this land and watches over it throughout the year.”

(Deuteronomy 11:9, 11–12, TEV)

The Sea Base does something to people—it is not something that can be put into words easily. Something “gets into your blood.” A love for the sea, the atmosphere, the people—all these work together in you to make Sea Base an experience that you can never forget. The base of that experience is the presence of God—an awareness that all we have and all we offer to others comes from God. The brotherhood that we share as God’s children and as Scouts brings us to a sense of peace, a feeling that in some strange way, everything is all right. In that sense, we can call Sea Base a “Scouting Paradise,” a glimpse of that “Paradise” all of us are called to and will one day experience. It can be likened to the mountaintop experience that the apostles felt when Jesus was transfigured before them; when He gave them a glimpse of the beauty of God’s presence. The scriptures say “His face was shining like the sun and His clothes were dazzling white.”

(Matthew 17:2, TEV)

**For reflection:** Can you identify your mountaintop experience? How might this experience help you during difficult times? (You may choose to share your thoughts with a friend or a crew member).

**Lord, it is good for us to be here.**

## DAY EIGHT

### JOURNEY'S END

“I have done my best in the race, I have run the full distance, and I have kept the faith.”

(II Timothy 4:7, TEV)

St. Paul at the end of his ministry wrote these words to his young friend Timothy. You have come to the end of your adventure at Sea Base. Do you feel good about having completed your adventure? What do you think was one of your biggest accomplishments these past eight days? (You may share your thoughts with a friend or crew member.)

Not all of your accomplishments have been physical. You have interacted with God's nature and God's people. There has been frustration and fun. Intermingled with this has been your reflection on God's love and care for you in Christ Jesus, especially in His death and resurrection in your behalf. Through it all, you have grown spiritually. You have run the race and kept the Faith.

You have come to a better understanding of yourself and of your fellow crew members. You have grown in your appreciation of God's gifts to you in nature, in friends, and in your Savior.

Now it is time to look homeward to friends and family. You have matured. You are now an even greater and finer gift to your family and friends. God be praised for it all!

**For reflection:** How will you say “Thank You” for this experience? Will you say “I love you” to those who made this trip possible? What new obligations do you take on because you have been to the Sea Base? What have I learned about making responsible choices? How can I make better ethical choices when I get home? (You may choose to share your thoughts with a friend or a crew member).

**Lord, thank You for every gift that You gave me these past days. As I go home, make me a special gift to my family and friends. Amen.**



# MAJESTIC DEPTHS

## SEA BASE WORSHIP

### HYMNS SECTION

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## PATRIOTIC HYMNS

### MY COUNTRY, 'TIS OF THEE

Lyrics: Samuel F. Smith, 1832.

Music: "America," Thesaurus Musicus, 1744

My country, 'tis of thee,  
Sweet land of liberty, of thee I sing;  
Land where my fathers died,  
Land of the pilgrims' pride,  
From every mountainside, let freedom ring!

My native country, thee,  
Land of the noble free, thy name I love;  
I love thy rocks and rills,  
Thy woods and templed hills;  
My heart with rapture thrills, like that above.

Let music swell the breeze,  
And ring from all the trees, sweet freedom's song;  
Let mortal tongues awake;  
Let all that breathe partake;  
Let rocks their silence break, the sound prolong.

Our fathers' God, to thee,  
Author of liberty, to thee we sing;  
Long may our land be bright  
With freedom's holy light;  
Protect us by thy might, great God, our King.

## **BATTLE HYMN OF THE REPUBLIC**

Lyrics: Julia W. Howe, 1861, alt.

Music: "John Brown's Body," possibly by John William Steffe.

Mine eyes have seen the glory of the coming of the Lord;  
He is trampling out the vintage where the grapes of wrath are stored;  
He hath loosed the fateful lightning of His terrible swift sword;  
His truth is marching on.

### **Chorus**

Glory! Glory! Hallelujah! Glory! Glory! Hallelujah!  
Glory! Glory! Hallelujah! His truth is marching on.

I have seen Him in the watch fires of a hundred circling camps  
They have builded Him an altar in the evening dews and damps;  
I can read His righteous sentence by the dim and flaring lamps;  
His day is marching on.

He has sounded forth the trumpet that shall never call retreat;  
He is sifting out the hearts of men before his judgment seat;  
Oh, be swift, my soul, to answer Him! be jubilant, my feet;  
Our God is marching on.

In the beauty of the lilies Christ was born across the sea,  
With a glory in His bosom that transfigures you and me:  
As He died to make men holy, let us live to make men free;  
[originally ...let us die to make men free]  
While God is marching on.

He is coming like the glory of the morning on the wave,  
He is wisdom to the mighty, He is honor to the brave;  
So the world shall be His footstool, and the soul of wrong His slave,  
Our God is marching on.



## **GOD BLESS AMERICA**

By Irving Berlin, 1938; © Winthrop Rutherford, Jr., Ann Phipps, Sidmon Eristoff and Theodore R. Jackson as Trustees of the God Bless America Fund

God bless America, land that I love.  
Stand beside her, and guide her  
Through the night with the light from above.

From the mountains, to the prairies,  
To the oceans, white with foam,  
God bless America, my home sweet home,  
God bless America, my home sweet home.

## **AMERICA THE BEAUTIFUL**

By Katherine Lee Bates, 1904

Oh beautiful for spacious skies,  
For amber waves of grain,  
For purple mountains majesties,  
Above the fruited plain!  
America! America!  
God shed His grace on thee,  
And crown thy good with brotherhood  
From sea to shining sea.

Oh beautiful for patriot dream,  
That sees beyond the years,  
Thine alabaster cities gleam,  
Undimmed by human tears.  
America! America!  
God shed His grace on thee,  
And crown thy good with brotherhood  
From sea to shining sea.

## **GOD OF THE AGES, WHOSE ALMIGHTY HAND (National Hymn)**

Lyrics: Daniel Crane Roberts, 1876, alt.

Music: "National Hymn," George William Warren, 1892

God of the ages, Whose almighty hand  
Leads forth in beauty all the starry band  
Of shining worlds in splendor through the skies,  
Our grateful songs before Thy throne arise.

Thy love divine hath led us in the past;  
In this free land by Thee our lot is cast;  
Be Thou our ruler, guardian, guide, and stay;  
Thy word our law, Thy paths our chosen way.

From war's alarms, from deadly pestilence,  
By Thy strong arm our ever sure defense;  
Thy true religion in our hearts increase;  
Thy bounteous goodness nourish us in peace.

Refresh Thy people on their toilsome way,  
Lead us from night to never-ending day;  
Fill all our lives with love and grace divine;  
And glory, laud, and praise be ever Thine.

## **ETERNAL FATHER STRONG TO SAVE (Navy Hymn)**

Lyrics: William Whiting, 1825-1878, alt.

Music: "Melita," John B. Dykes, 1823-1876

Eternal Father, strong to save,  
Whose arm hath bound the restless wave,

Who bidd'st the mighty ocean deep  
Its own appointed limits keep;

Oh, hear us when we cry to thee,  
For those in peril on the sea!

Oh Christ! Whose voice the waters heard  
And hushed their raging at Thy word,

Who walked'st on the foaming deep,  
And calm amidst its rage didst sleep;

Oh, hear us when we cry to Thee,  
For those in peril on the sea!

Most Holy Spirit! Who didst brood  
Upon the chaos dark and rude,

And bid its angry tumult cease,  
And give, for wild confusion, peace;

Oh, hear us when we cry to Thee,  
For those in peril on the sea!

Oh Trinity of love and power!  
Our brethren shield in danger's hour;

From rock and tempest, fire and foe,  
Protect them wheresoe'er they go;

Thus evermore shall rise to Thee  
Glad hymns of praise from land and sea.

## **STAR-SPANGLED BANNER** **(National Anthem)**

Lyrics: "The Defence of Fort McHenry," Francis Scott Key, 1814

Music: "Anacreon in Heaven," John Stafford Smith, 1823-1876

O! say, can you see by the dawn's early light  
What so proudly we hailed at the twilight's last gleaming?  
Whose broad stripes and bright stars through the perilous fight,  
O'er the ramparts we watched were so gallantly streaming?

And the rockets' red glare, the bombs bursting in air,  
Gave proof through the night that our flag was still there.  
Oh, say does that star-spangled banner yet wave  
O'er the land of the free and the home of the brave?

On the shore, dimly seen through the mists of the deep,  
Where the foe's haughty host in dread silence reposes,  
What is that which the breeze, o'er the towering steep,  
As it fitfully blows, half conceals, half discloses?

Now it catches the gleam of the morning's first beam,  
In full glory reflected now shines in the stream:  
'Tis the star-spangled banner! Oh long may it wave  
O'er the land of the free and the home of the brave!

And where is that band who so vauntingly swore  
That the havoc of war and the battle's confusion,  
A home and a country should leave us no more!  
Their blood has washed out their foul footsteps' pollution.

No refuge could save the hireling and slave  
From the terror of flight, or the gloom of the grave:  
And the star-spangled banner in triumph doth wave  
O'er the land of the free and the home of the brave!

O! thus be it ever, when freemen shall stand  
Between their loved home and the war's desolation!  
Blest with victory and peace, may the heav'n rescued land  
Praise the Power that hath made and preserved us a nation.

Then conquer we must, when our cause it is just,  
And this be our motto: 'In God is our trust.'  
And the star-spangled banner in triumph shall wave  
O'er the land of the free and the home of the brave!

## INTERFAITH HYMNS

### **O GOD, OUR PILOT ON THE SEAS**

(to the tune of "O God, Our Help In Ages Past")

Lyrics: © Eugene Foley for the Florida Sea Base, 2006

Music: "St. Anne," by William Croft, 1678-1727

O Lord, our God we thank Thee here,  
Amidst your fragile cays,  
Teach us, O Lord, to keep them dear,  
As You, O Lord, we praise.

Great King of land, of sea and air,  
The wind Your will commands,  
Whose word has shaped each island fair,  
Our love, Your grace, demands!

Creator of these sandy Keys,  
Great maker of all life,  
How peaceful is Your ocean breeze,  
When we are freed from strife.

O God, our pilot on the seas,  
Our captain sure of hand,  
Guide us through surf to tall palm trees,  
Bring us all safe to land.

## **O FOR A WORLD**

Lyrics: Miriam Therese Winter, 1987. © Medical Mission Sisters, 1990.  
Used by permission.

Music: "Azmon," Carl Gotthelf Gläser, 1828; arr. Lowell Mason, 1839

O for a world where everyone  
Respects each other's ways,  
Where love is lived and all is done  
With justice and with praise.

O for a world where goods are shared  
And misery relieved  
Where truth is spoke, children spared,  
Equality achieved.

We welcome one world family  
And struggle with each choice  
That opens us to unity  
And gives our vision voice.

The poor are rich, the weak are strong,  
The foolish ones are wise.  
Tell all who mourn; Outcasts belong,  
Who perishes will rise.

O for a world preparing for  
God's glorious reign of peace.  
Where time and tears will be no more,  
And all but love will cease.

## **GENTLE THE WIND BLOWS**

(to the tune used for Morning Has Broken)

Lyrics: © Eugene Foley for the Florida Sea Base, 2006

Music: "Bunessan," Gaelic

Gentle the wind blows, over the waters  
Following seas flow, answer the call  
Bringing us nearer, God's sons and daughters  
Nothing is clearer, God loves us all

Sailing adventures, searching the oceans  
Diving for treasures, wading the shores  
Hearing the bird song, sure is salvation  
Oh, how our hearts long, for whom we adore

Warmth from the sunlight, cooled by the breezes  
Beauty is in sight, peace is at hand  
God is beside us, tender His mercies  
His love inside us, together we stand

## **MIGHTY OCEAN, CORAL ISLANDS**

(to the tune used for Joyful, Joyful, We Adore Thee)

Lyrics: © Eugene Foley for the Florida Sea Base, 2006

Music: "Ode to Joy," from the 9th Symphony of Ludwig van Beethoven;  
adapted by Edward Hodges, 1824.

Mighty ocean, coral islands, God's creation to explore,  
Let us search for new horizons, things we've never seen before.  
Guide our efforts, our endeavors; through Your precious  
life-filled reefs;

Teach us of your fragile treasures, help us strengthen our beliefs.

On the waters You've created, on the islands You have made,  
Help us see Your glorious presence, that our faith may never fade.  
God, Your gift is right before us, beauty in its wide array,  
We will sing forever praises of the sights we've seen each day.

Pow'rful winds and strongest currents won't deter us from  
our course.

We will weather mighty torrents, restless seas without remorse.  
Lord, Your blessings are upon us, keep us safe in every way,  
Then with life and love before us, God, return us home, we pray.

Make us mindful of our duty, to protect this special place;  
Give us strength to stand before Thee, challenging the human  
race,

Gentle care of every resource, for the children yet to be,  
Serving and conserving beauty, Eden's remnants all may see.



## LORD, I STAND NOW BEFORE YOU

(to the tune of "Come, Thou Fount of Every Blessing")

Lyrics: © Eugene Foley for the Florida Sea Base, 2006

Music: "Nettleton," Wyeth's Repository of Sacred Music, Part Second,  
by John Wyeth, 1813

Lord, I stand before You, praising  
All the good You've brought to me.  
With my crew mates, and my leaders  
Show us all there is to see.

I come searching, timeless Father,  
Guide me o'er Your bounteous sea,  
Lead me into Your creation,  
Help me know Your gift to me.

God, who made us in Your image,  
Keep us mindful of Your grace.  
You have shown us glorious creatures  
They abound all 'round this place.

Swaying palm trees, peaceful breezes,  
Gorgeous sunsets come from Thee.  
Now we see creation clearly,  
It's Your love that sets us free.

Plain the message all the world now  
Let us share with all who'll hear.  
God has blest us, endless beauty  
Generations must hold dear.

Gentle hands outstretched with kindness,  
Taking care this world to save,  
We'll protect His fragile kingdom  
So they'll all know what God gave.

## **ALL THINGS BRIGHT AND BEAUTIFUL**

Lyrics: Cecil F. Alexander, Hymns for Little Children, 1848.

Music: "Royal Oak," 17th Century English melody;

arranged by Martin F. Shaw, 1915.

### **Refrain**

All things bright and beautiful, All creatures great and small,  
All things wise and wonderful: The Lord God made them all.

Each little flower that opens, Each little bird that sings,  
He made their glowing colors, He made their tiny wings.

(Refrain)

The purple headed mountains, The river running by,  
The sunset and the morning That brightens up the sky.

(Refrain)

The cold wind in the winter, The pleasant summer sun,  
The ripe fruits in the garden, He made them every one.

(Refrain)

The tall trees in the greenwood, The meadows where we play,  
The rushes by the water, To gather every day.

(Refrain)

He gave us eyes to see them, And lips that we might tell  
How great is God Almighty, Who has made all things well.

(Refrain)

## **O GRACIOUS GOD, WHO HOLDS US DEAR**

(to the tune of "Eternal Father Strong to Save")

Lyrics: © Eugene Foley for the Florida Sea Base, 2006

Music: "Melita," John B. Dykes, 1823-1876

O Gracious God, Who holds us dear,  
Bless each of us as we draw near.  
We raise our voices, sing Your praise,  
Pray keep us safe along Your ways.  
Lord, teach us patience, love and care,  
As we explore Your seas so fair.

Mighty Father, who steers us clear  
Of rocks and shoals, that we do fear,  
Now guide us on our earthly course  
With winds that blow with pow'r and force.  
Bless within us all that's good,  
We'll be prepared the way we should.

We praise You, Lord, for health and strength.  
The race is long. We'll stay the length.  
Taut sails, clear trails, on eagle's wings,  
Our faith sustains us through all things.  
When daylight fails and breezes cease,  
Bring us safe harbor, lasting peace.

## **SAIL AWAY BEYOND THE BLUE**

(to the tune of "Do Lord")

Lyrics: © Eugene Foley for the Florida Sea Base, 2006

### **Chorus:**

Do Lord, O do Lord, O do remember me (O Lordy).

Do Lord, O do Lord, O do remember me.

Do Lord, O do Lord, O do remember me.

Sail away, beyond the blue.

God, You made the birds to sing. You made them fly.

God, You made the eagle's wing. You made the sky.

God, You made the thunder ring, in clouds so high.

Sail away, beyond the blue. (chorus)

Lord, You made the rivers flow. You made it rain.

Lord, You made the winds to blow. Oh, the hurricane!

Lord, You made the ebb and flow. Tides return again.

Sail away, beyond the blue. (chorus)

Make me know the ocean fair, new world for me.

Make me know the depths we dare, new things to see.

Make me show with gentle care, our love for Thee.

Sail away, beyond the blue. (chorus)

Lord, You made the fish to swim, deep in the sea.

Lord, You made the light grow dim, when stars we see.

Lord, You bless our thankful hymn, when sung to Thee.

Sail away, beyond the blue. (chorus)

Sandy shoal and coral reef, shark, eel and ray,

Lord, You made the sandy beach, long sunny day.

Help us know Your mighty reach, Your holy way.

Sail away, beyond the blue. (chorus x2)

## KEYS BLESSING AND GRACE

(to the tune of "For the Beauty of the Earth")

Lyrics: Hymn – © Eugene Foley for the Florida Sea Base, 2006;

Grace – John P. Hammond for the Florida Sea Base, ca. 1978.

Music: "Dix," Conrad Kocher, 1786-1872

### Hymn:

For the grandeur of the keys, for the azure of the skies,  
For the cooling ocean breeze, Coral sand beneath us lies,  
Hear our voices rise to Thee, bless us while we're on the sea.

For the coral so alive, for the treasures we explore,  
For our safety when we dive, For our captains, crew and more,  
Bless us Lord, we pray to Thee, as we dive beneath the sea.

For the palm trees tall and green, for the sunsets' golden hue,  
For the sights so seldom seen, Distant waters green and blue,  
For the wonders we can see, blessings we beseech of Thee.

For the mighty winds and tide, for the steady engines' roar,  
For the Sea Base boats we ride, Reef to reef and shore to shore,  
Bless us, Father, while we roam, then return us safely home.

### Grace:

Bless the creatures of the sea.

Bless the person I call me.

Bless the Keys You made so grand.

Bless the sun that warms the land.

Bless the fellowship we feel, as we gather for this meal.

AMEN.

# COMMON CHRISTIAN HYMNS

## THE CHURCH'S ONE FOUNDATION

Lyrics: Samuel J. Stone, *Lyra Fidelium: Twelve Hymns of the Twelve Articles of the Apostle's Creed* (London: Messrs. Parker and Co., 1866), alt.

Music: "Aurelia," Samuel S. Wesley, in *A Selection of Psalms and Hymns* by C. Kemble, 1864

The Church's one foundation is Jesus Christ her Lord,  
She is His new creation by water and the Word.  
From heaven He came and sought Her to be His holy bride;  
With His own blood He bought her and for Her life He died.

Elect from every nation, yet one o'er all the earth;  
Her charter of salvation, one Lord, one faith, one birth;  
One holy Name she blesses, partakes one holy food,  
And to one hope she presses, with every grace endued.

'Mid toil and tribulation, and tumult of her war,  
She waits the consummation of peace forevermore;  
Till, with the vision glorious, her longing eyes are blest,  
And the great Church victorious shall be the Church at rest.

Yet she on earth hath union with God the Three in One,  
And mystic sweet communion with those whose rest is won:  
O happy ones and holy! Lord, give us grace that we,  
Like them, the meek and lowly, on high may dwell with Thee.

## AMAZING GRACE

Lyrics: John Newton, *Olney Hymns* (London: W. Oliver, 1779).

Exception: the last stanza is by an unknown author; it appeared as early as 1829 in the *Baptist Songster*, by R. Winchell (Wethersfield, Connecticut), as the last stanza of the song "Jerusalem My Happy Home."

Music: "New Britain," in *Virginia Harmony*, by James P. Carrell and David S. Clayton (Winchester, Virginia: 1831).

Amazing grace! How sweet the sound  
That saved a soul like me!  
I once was lost, but now am found;  
Was blind, but now I see.

'Twas grace that taught my heart to fear,  
And grace my fears relieved;  
How precious did that grace appear  
The hour I first believed!

Through many dangers, toils and snares,  
I have already come;  
'Tis grace hath brought me safe thus far,  
And grace will lead me home.

The Lord has promised good to me,  
His word my hope secures;  
He will my shield and portion be,  
As long as life endures.

When we've been there ten thousand years,  
Bright shining as the sun,  
We've no less days to sing God's praise  
Than when we'd first begun.

## **OUR GOD, OUR HELP IN AGES PAST**

Lyrics: Isaac Watts, The Psalms of David, 1719.

Music: "St. Anne," William Croft, 1708, in common meter.

Our God, our help in ages past, our hope for years to come,  
Our shelter from the stormy blast, and our eternal home.

Under the shadow of Thy throne, Thy saints have dwelt secure;  
Sufficient is Thine arm alone, and our defense is sure.

Before the hills in order stood, or earth received her frame,  
From everlasting Thou art God, to endless years the same.

Thy Word commands our flesh to dust, "Return, ye sons of men:"  
All nations rose from earth at first, and turn to earth again.

A thousand ages in Thy sight are like an evening gone;  
Short as the watch that ends the night before the rising sun.

Time, like an ever rolling stream, bears all its sons away;  
They fly, forgotten, as a dream dies at the opening day.

Like flowery fields the nations stand pleased with the morning light;  
The flowers beneath the mower's hand lie withering ere 'tis night.

Our God, our help in ages past, our hope for years to come,  
Be Thou our guard while troubles last and our eternal home.



## THIS IS MY FATHER'S WORLD

Lyrics: Maltbie D. Babcock, 1901, alt.

Music: "Terra Beata," traditional English melody, arranged by Franklin L. Sheppard in his Alleluia, 1915

This is my Father's world, and to my listening ears  
All nature sings, and round me rings the music of the spheres.  
This is my Father's world: I rest me in the thought  
Of rocks and trees, of skies and seas;  
His hand the wonders wrought.

This is my Father's world, the birds their carols raise,  
The morning light, the lily white, declare their Maker's praise.  
This is my Father's world: He shines in all that's fair;  
In the rustling grass I hear Him pass;  
He speaks to me everywhere.

This is my Father's world. O let me ne'er forget  
That though the wrong seems oft so strong, God is the ruler yet.  
This is my Father's world: the battle is not done:  
Jesus Who died shall be satisfied,  
And earth and Heav'n be one.

## **COME, THOU ALMIGHTY KING**

Lyrics: Some sources show the author as “anonymous.” Others credit Charles Wesley, 1757. The words appeared in George Whitefield’s Collection of Hymns for Social Worship, 1757, alt.

Music: Italian Hymn, “Felice de Giardini,” in The Collection of Psalm and Hymn Tunes Sung at the Chapel of the Lock Hospital, 1769

Come, Thou almighty King,  
Help us Thy Name to sing, help us to praise!  
Father all glorious, over all victorious,  
Come and reign over us, Ancient of Days!

Come, Thou incarnate Word,  
Gird on Thy mighty sword, our prayer attend!  
Come, and Thy people bless, and give Thy Word success,  
Spirit of holiness, on us descend!

Come, holy Comforter,  
Thy sacred witness bear in this glad hour.  
Thou Who almighty art, now rule in every heart,  
And ne’er from us depart, Spirit of power!

To Thee, great One in Three,  
Eternal praises be, hence, evermore.  
Thy sovereign majesty may we in glory see,  
And to eternity love and adore!

## **PRAISE GOD FROM WHOM ALL BLESSINGS FLOW**

(Doxology)

Lyrics: Thomas Ken, 1637-1711

Music: “Old Hundredth,” Louis Bourgeois, ca. 1510-1561, published in the Geneva Psalter, 1551

Praise God, from whom all blessings flow;  
Praise him, all creatures here below;  
Praise him above, ye heavenly host;  
Praise Father, Son and Holy Ghost.

## FAIREST LORD JESUS

Lyrics: Written by German Jesuits as “Schönster Herr Jesu” in the 17th Century. Published in the Münster Gesangbuch, 1677, and translated from German to English by Joseph A. Seiss, 1873.

Music: “Crusader’s Hymn,” a Silesian folk song from Schlesische Volkslieder, 1842; arranged by Richard S. Willis, 1850

Fairest Lord Jesus, Ruler of all nature,  
O Thou of God and man the Son,  
Thee will I cherish, Thee will I honor,  
Thou, my soul’s glory, joy and crown.

Fair are the meadows, fairer still the woodlands,  
Robed in the blooming garb of spring;  
Jesus is fairer, Jesus is purer,  
Who makes the woeful heart to sing.

Fair is the sunshine, fairer still the moonlight,  
And all the twinkling starry host;  
Jesus shines brighter, Jesus shines purer  
Than all the angels heaven can boast.

All fairest beauty, heavenly and earthly,  
Wondrously, Jesus, is found in Thee;  
None can be nearer, fairer or dearer,  
Than Thou, my Savior, art to me.

Beautiful Savior! Lord of all the nations!  
Son of God and Son of Man!  
Glory and honor, praise, adoration,  
Now and forever more be Thine.

## **NOW THANK WE ALL OUR GOD**

Lyrics: Martin Rinkhart, 1586-1649; translated by Catherine Winkworth, 1829-1878

Music: "Nun Danket Alle Gott," Johann Crüger, 1598-1662

Now thank we all our God, With heart and hands and voices,  
Who wondrous things has done, In Whom this world rejoices;

Who from our mothers' arms Has blessed us on our way  
With countless gifts of love, And still is ours today.

O may this bounteous God Through all our life be near us,  
With ever joyful hearts And blessed peace to cheer us;

And keep us still in grace, And guide us when perplexed;  
And free us from all ills, In this world and the next.

All praise and thanks to God The Father now be given,  
The Son, and Him who reigns With them in highest heaven;

The one eternal God, Whom earth and heaven adore;  
For thus it was, is now, And shall be ever more.

**COME, COME YE SAINTS**

William Clayton, 1846; J. T. White, 1944

Come, come ye Saints, no toil nor labor fear,  
But with joy wend your way;  
Tho' hard to you this journey may appear,  
Grace shall be as your day.  
'Tis better far for us to strive,  
Our useless cares from us to drive;  
Do this, and joy your heart will swell—  
All is well! All is well!

Why should we mourn, or think our lot is hard?  
'Tis not so; All is right!  
Why should we think to earn a great reward,  
If we now shun the fight?  
Gird up your loins, fresh courage take,  
Our God will never us forsake  
And soon we'll have this truth to tell—  
All is well! All is well!

**HOW GREAT THE WISDOM AND THE LOVE**

Eliza R. Snow, Thomas McIntyre

How great the wisdom and the love  
That filled the courts on high  
And sent the Savior from above  
To suffer, bleed, and die!

He marked the path and led the way,  
And every point defines  
To light and life and endless day  
Where God's full presence shines.

## **WE GATHER TOGETHER**

Lyrics: Netherlands folk hymn, 1625; translated by Theodore Baker, 1864

Music: "Nederlandsch Gedenckclanck," 1626; harmonized by Eduard Kremser, 1877

We gather together to ask the Lord's blessing;  
He chastens and hastens His will to make known;

The wicked oppressing now cease from distressing,  
Sing praises to his name; He forgets not His own.

Beside us to guide us, our God with us joining,  
Ordaining, maintaining His kingdom divine;

So from the beginning the fight we were winning;  
Thou, Lord, wast at our side; All glory be Thine!

We all do extol Thee, thou leader triumphant,  
And pray that Thou still our defender wilt be.

Let thy congregation escape tribulation;  
Thy name be ever praised! O Lord, make us free!

# **MAJESTIC DEPTHS**

**SEA BASE WORSHIP**

**INTERFAITH SECTION**

**INTERFAITH**

## CALL TO WORSHIP

Eternal God, open my lips, that my mouth may declare Your glory.

## OPENING SONG

### AMERICA THE BEAUTIFUL

O beautiful for spacious skies,  
For amber waves of grain,  
For purple mountain majesties,  
Above the fruited plain!  
America! America!  
God shed His grace on thee,  
And crown thy good with brotherhood,  
From sea to shining sea.

O beautiful for patriot dream,  
That sees beyond the years,  
Thine alabaster cities gleam,  
Undimmed by human tears.  
America! America!  
God shed His grace on thee,  
And crown thy good with brotherhood  
From sea to shining sea.

Katharine Lee Bates, 1904  
Public Domain



## SCRIPTURE READING

Psalm 8

(New Jerusalem Bible)

Lord our Lord,  
    how majestic is your name throughout the world!

Whoever keeps singing of your majesty higher than  
    the heavens,  
even through the mouths of children, or of babes in arms,  
you make him a fortress, firm against your foes,  
to subdue the enemy and the rebel.

I look up at your heavens, shaped by your fingers,  
at the moon and the stars you set firm—  
what are human beings that you spare a thought  
    for them,  
or the child of Adam that you care for him?

Yet you have made him little less than a god,  
you have crowned him with glory and beauty,  
made him lord of the works of your hands,  
put all things under his feet,  
sheep and cattle, all of them,  
and even the wild beasts,  
birds in the sky, fish in the sea,  
when he makes his way across the ocean.

Lord our Lord,  
    how majestic is your name throughout the world!

## RESPONSIVE READING

“On My Honor”  
by Dr. Carroll Osburn, 1997

(L = Leader; C = Crew)

**L: ON MY HONOR**

**C:** Almighty God, keep us always mindful that our honor is a possession to be cherished as dearly as life itself. Endow us with firmness of purpose and uncommon integrity that will enable us to fulfill those responsibilities with which we are charged. Make us ever conscious of the trust others have placed in us as Scouts.

**L: TO DO MY DUTY TO GOD**

**C:** Creator of the universe, how often we forget the true source of life’s joys and pleasures. How often, too, have we failed to remember the origin of the inward strength which has enabled us to be aware of Your continual presence in our daily lives. Help us to understand the more meaningful rewards of service in Your name.

**L: AND MY COUNTRY**

**C:** We thank Thee, Almighty God, for the privilege of living in a country such as the United States of America. Keep foremost in our minds that the freedoms which we enjoy were bought through the unselfish sacrifices of those who have gone before us. As the strength of a country is in her people, let us never avoid our responsibility to maintain this nation as a beacon of hope and freedom to all mankind.

**L: AND TO OBEY THE SCOUT LAW**

**C:** Heavenly Father, accept the heartfelt thanks of us Scouts and Scouters for such men of vision and leadership as Robert Baden-Powell, William Boyce, and James West. Keep always before us the ideals which they set forth, and grant us the courage to live by them when others may not. Allow us never to forget that our actions may be the examples others choose to follow.

**L: TO HELP OTHER PEOPLE AT ALL TIMES**

**C:** Grant us forgiveness, Patient Lord, when we place the insignificant wants in our lives above the necessities in others' lives. Teach us to recognize and understand the problems facing others and prepare us for each day's task of helping others.

**L: TO KEEP MYSELF PHYSICALLY STRONG, MENTALLY AWAKE, AND MORALLY STRAIGHT**

**C:** God of our ancestors, let us never forget that our bodies and minds are but temporary gifts from Thee. Help us to preserve, strengthen, and use them for the betterment of our world. May our thoughts and actions be directed toward more meaningful service in Your name. Amen.

## MEDITATION AND SHARING

Take a few moments now for personal silent reflection about how God works in creation and in your personal life. You may wish to share these reflections with your crew.

Responsive Reading, "Scout Law"

**Scout:** A Scout is Trustworthy.

**Leader:** Character is what a man is. Reputation is what people think about him. A youth of character is worthy of trust. No one is worthy of trust who does not recognize his dignity and the dignity of all men as children of God.

**Scout:** A Scout is Loyal.

**Leader:** Because our first loyalty is to God, a Scout is loyal to all to whom loyalty is due—his parents, his place of worship, and his country.

**Scout:** A Scout is Helpful.

**Leader:** We are told that the good turn we do for others will be considered what is done for Him. Our motive or reason we are helpful is that we see our God in everyone. The whole Scout program gives us an opportunity to be helpful.

Scout: A Scout is Friendly.

Leader: We are brothers and sisters. Recognizing this, a Scout should be a friend to all, and a brother to every other Scout.

Scout: A Scout is Courteous.

Leader: A Scout should respect everyone. The meaning of love as a Scout should be taken from the words, "I have come not to be served, but to serve."

Scout: A Scout is Kind.

Leader: We respect others, not abusing or mistreating, but to trust.

Scout: A Scout is Obedient.

Leader: A Scout should obey, not because he has to, but because the one leading is someone in authority, and is right in doing so. Victory comes from obedience to all in authority as long as they deserve our obedience.

Scout: A Scout is Cheerful.

Leader: A Scout will have joy in his heart and manifest it outwardly by his cheerful manner.

Scout: A Scout is Thrifty.

Leader: By being thrifty, we are taught self-respect, making us unwilling to be a burden to others. Far from being a burden, we are able to be thrifty to help them. A Scout is deeply concerned with preserving our natural resources.

Scout: A Scout is Brave.

Leader: A Scout can face danger even if he is afraid. He has courage to stand for what he thinks is right, even if others scorn him.

Scout: A Scout is Clean.

Leader: He keeps clean in body and thought; he stands for clean speech, clean sport, and clean habits; and he travels with a clean crowd.

Scout: A Scout is Reverent.

Leader: He is reverent to God. He is faithful in his religious duties and respects the conviction of others in matters of custom and religion.

## **PRAYER FOR OUR COUNTRY**

Leader: Let us pray together.

Our God and God of our ancestors, we ask Your blessing upon our country, on the leaders of our nation, and on all who exercise rightful authority in our community.

Unite the inhabitants of our country, whatever their origin and creed, into a bond of true friendship, to banish hatred and bigotry, and to safeguard our ideals and institutions of freedom.

May this land under Your Providence be an instrument for peace throughout the world. AMEN

OR

## **PRAYER OF THANKS**

Leader: Let us pray together.

We thank You, O God, for this day, for morning sun and evening star; for flowering of trees and flowing of surf, for life-giving rains and cooling breeze; for the earth's patient turning, the changing of the seasons, the cycle of growth and decay, of life and death. When our eyes behold the beauty and grandeur of your world, we see the wisdom, power and goodness of its Creator. We awake and, behold! It's a great day! AMEN

OR

## PRAYER OF ST. FRANCIS

1. Make me a channel of your peace.  
Where there is hatred, let me bring your love.  
Where there is injury, your pardon, Lord,  
And where there's doubt, true faith in you.

### Refrain

Oh Master, grant that I may never seek  
So much to be consoled as to console,  
To be understood as to understand,  
To be loved, as to love, with all my soul.

2. Make me a channel of your peace.  
Where there's despair in life, let me bring hope.  
Where there is darkness only light,  
And where there's sadness ever joy.
3. Make me a channel of your peace.  
It is in pardoning that we are pardoned,  
in giving of ourselves that we receive,  
and in dying that we're born to eternal life.

## CLOSING SONG

### GOD BLESS AMERICA

God bless America, land that I love  
Stand beside her, and guide her  
Through the night with the light from above.

From the mountains, to the prairies,  
To the oceans, white with foam,  
God bless America, my home sweet home,  
God bless America, my home sweet home.

Irving Berlin, 1938  
©Winthrop Rutherford Jr., Ann Phipps  
Sidmon Eristoff and Theodore R. Jackson as  
Trustees of the God Bless America Fund

OR

**DAY IS DONE**

Day is done, Gone the sun, From the lake,  
From the hills, From the sky,  
All is well, Safely rest, God is nigh.

Thanks and praise, For our days  
'Neath the sun, 'Neath the stars, 'Neath the sky,  
As we go, This we know, God is nigh.

Gen. Daniel Butterfield, 1862  
Public Domain

**BENEDICTION**

Lord, be thou within us, to strengthen us; without us, to keep us; above us, to protect us; beneath us, to uphold us; before us, to direct us; behind us, to keep us from straying; round about us, to defend us.

OR

May God bless us and protect us;  
May God show us favor and be gracious to us;  
May God show us kindness and grant us peace.  
AMEN

# DAILY MEDITATIONS

## DAY ONE

### SETTING DIRECTIONS

To sail successfully at Sea Base requires much preparation. Physical readiness, adequate planning in terms of equipment, food, clothing, etc., and a planning of itinerary are all ways to set a direction for your crew. Mental and spiritual preparation are no less important. The ocean is a place where God can speak to you in new and exciting ways. Just as you prepare for a sail by tapping the resources of advisers and those who have gone before you, so too, do you prepare for experiences of God on this journey by tapping the resources of God's Word. We do daily prayer and reflection which bring us into deeper contact with God. He is your Guide, your Friend, your Strength, your Counselor on this journey. The Lord shows us the way and helps us conquer all fears!

**For reflection:** How are you preparing yourself to make this a journey with the Lord? What can you do to keep yourself aware of God's continuing presence? (You may choose to share your thoughts with a friend or a crew member).

**Lead me in Your truth, O Lord, and teach me! You are the God of my salvation.**

## DAY TWO

### STARLIT SKIES ABOVE

How beautiful are the Sea Base nights! The stars are so plentiful; they seem so close that you feel you can almost touch them. The silence and beauty of the night help us to realize the quiet power and majesty of God. Yet, this God loves each of us personally and intimately, and the greatest and most beautiful part



of His creation lies not in the heavens, but right here on earth. You are the crowning glory of His creative hands—you are the reason for all creation.

**For reflection:** How do you see yourself as made in the image and likeness of God? What can you do to deepen respect for the beauty and glory of God alive in you?

Are you aware that God is present in each member of your crew? Does that knowledge change how you respond to them? (You may choose to share your thoughts with a friend or a crew member).

**Lord, thank you for life and beauty and the bounty of your creation.**

## DAY THREE

### WHEN THE GOING GETS TOUGH

The Sea Base experience involves many hardships. At times, it may seem that the difficulties are insurmountable, the hardships unbearable. However, it often happens that the greatest hardships in life become our greatest opportunities for growth. We have to realize that we are not alone—we have each other and the abiding presence and help of our God, Who will guide us and give us strength. Nothing can separate us from His love. He invites us to trust in him and to realize that we walk with him.

**For reflection:** What have I done so far to help my crew come together as a team? Do I need to change in order to be more crew-oriented? (You may choose to share your thoughts with a friend or a crew member).

**Lord, help me to be cheerful in the face of difficulties. With your help I will conquer all obstacles!**

## DAY FOUR

### WINDS WHISPERING ABOVE

We can often hear the wind moving and playing a soft melody. It is almost as if it were whispering to us below. Or as if God were playing a lullaby for us on His wind instrument.

The Lord touches all of His creation. He caresses the ocean with His wind. He touches us with His love and forgiveness.

**For reflection:** Is there one whom you want to ask for forgiveness? Is there one whom you feel the need to forgive? (You may choose to share your thoughts with a friend or a crew member).

**Dear Lord, where I have sinned, forgive me, and where I am afraid, give me courage. Amen.**

## DAY FIVE

### EAGLES SOARING HIGH

One day a fisherman watched as a mother eagle dropped a young eaglet toward the rocky seashore below. The eaglet plummeted and fluttered. It appeared that it was about to be dashed to its death on the rocks below, when out of the sky plunged the father eagle and caught his offspring on his broad back. Then he flew up high and dropped the young one again. This time the mother caught the little one on her back. The routine was repeated until the little eagle learned to fly.

God gives us opportunities to try our wings so that we might learn to fly on our own. Certainly the Sea Base experience is one of these learning and growing opportunities. Yet God always watches over us and spreads His wings of protection beneath us.

God said to the Israelites on their wilderness trek, “I bore you on eagles’ wings.” So lift up your head and rejoice!

**For reflection:** Have you discovered new dimensions of your personality? How have you been willing to accept the challenges of the experience? How have you supported a crew member as he faces the challenge? (You may choose to share your thoughts with a friend or a crew member).

**O Lord, when I grow weary, lift me up on your wings. Give me the courage and strength I need for tomorrow. Amen.**

## DAY SIX

### FOR FOOD, FOR RAIMENT

Most of us at Sea Base have become accustomed to having much more than food and clothes. There is nothing wrong with wealth. Some of the Biblical heroes like Abraham and David were very wealthy. Our heavenly Father in His mercy not only forgives us, He also provides us with all that we need to support our bodily life.

We who have been so richly blessed may choose in thanksgiving to share our wealth with others.

Dr. William Foegen, who worked to eradicate smallpox from the world, challenged us to work together to eradicate hunger as well.

If we include the hungry when we pray, we are also asking God to involve us in feeding the hungry. What a great commission this becomes: to join God in feeding the hungry and clothing the naked!

**For reflection:** What have you done for those less fortunate than yourself? What do you consider our obligations to those in need are? (You may choose to share your thoughts with a friend or a crew member).

**For food, for raiment . . . we thank Thee, O Lord.**

## DAY SEVEN

### FOR LIFE, FOR OPPORTUNITY

How precious is the gift of life! At Sea Base we can come to a deeper understanding and appreciation of its importance. How necessary to respect it in all its forms. We can take so much for granted—the air we breathe, the water we drink, the health we enjoy, the beauty of the earth. God gives us life to enjoy and he gives us opportunity to grow, to achieve, to find joy and to find happiness. God gives us the ultimate opportunity—the path to eternal life—life with God and each other forever.

**For reflection:** What does the concept of stewardship mean to you? When have you been a good manager of your own life? When have you shown respect for God’s creation? Have you shown respect for another’s personal property? How seriously do I take the Wilderness Pledge? (You may choose to share your thoughts with a friend or a crew member).

**For life, for opportunity, we thank Thee, O Lord.**

## DAY EIGHT

### FOR FRIENDSHIP AND FELLOWSHIP

One day a kindergarten teacher asked her class, “What is a friend?” One little boy answered, “A friend is someone who knows you and still likes you.” If he is right, then what a friend we have in the Lord who loves us.

The Lord knows our most secret self and still He loves us.

Friends on the trek are God’s gifts to us and through them God seeks to care for us and love us. They are not perfect, but like us, they live forgiven. We thank God for good friends.

**For reflection:** Who are some of the people who have been friends to you on the trek? Thank God for them by name and thank those who have shown you acts of friendship. Have I been a friend? (You may choose to share your thoughts with a friend or crew member.)

**For friendship and fellowship, we thank Thee, O Lord. Amen.**

## DAY NINE

### COUNTRY THAT I LOVE

The ocean does something to people—it is not something that can be put into words easily. Something “gets into your blood.” A love for the sea, the atmosphere, the people—all these work together in you to make Sea Base an experience that you can never forget. The base of that experience is the presence of God—an awareness that all we have and all we offer to others comes from God. The brotherhood that we share as God’s children and as Scouts brings us to a sense of peace, a feeling that in some strange way, everything is all right.

**For reflection:** How might this experience help you during difficult times? (You may choose to share your thoughts with a friend or a crew member).

**Lord, it is good for us to be here. Make us a blessing to others on this trek. Amen.**

## DAY TEN

### TREK’S END

You have come to the end of your trek at Sea Base. Do you feel good about having completed your trek? What do you think was one of your biggest accomplishments these past few days? (You may share your thoughts with a friend or crew member.)

Not all of your accomplishments have been physical. You have interacted with God’s nature and God’s people. There has been frustration and fun. Intermingled with this has been your reflection on God’s love and care for you. Through it all, you have grown spiritually. You have run the race and kept the Faith.

You have come to a better understanding of yourself and of your fellow crew members. You have grown in your appreciation of God’s gifts to you in nature and in friends.

Now it is time to look homeward to friends and family. You have matured. You are now an even greater and finer gift to your family and friends. God be praised for it all!

**For reflection:** How will you say “Thank You” for this experience? Will you say “I love you” to those who made this trip possible? What new obligations do you take on because you have been to here? What have I learned about making responsible choices? How can I make better ethical choices when I get home? (You may choose to share your thoughts with a friend or a crew member).

**Lord, thank You for every gift that You gave me these past days. As I go home, make me a special gift to my family and friends. Amen.**

Now let us go in the strength of the Lord. Let us go in peace and serve the Lord our God.











## UPON RETURN FROM A JOURNEY:

Repeat the previous *duaa*' and add to it:

We are returners, repentants, worshippers, and thankful to our Lord.

*'Ayiboona, ta'boona, aabidoona, lirabbina hamidoona.*

أَيُّونَ تَائِبُونَ عَابِدُونَ لِرَبِّنَا حَامِدُونَ

## WHEN FACED BY HARDSHIP:

Oh Allah! There is nothing easy except what You make easy, and You make the difficult easy if it be Your will.

*Allahommala-sahla illa-ma-ja altaho sahla, wa'anta taj alol-hazna Itha Shi"ta sahla.*

اللَّهُمَّ لَا شَيْءَ إِلَّا مَا جَعَلْتَهُ سَهْلًا،  
وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلًا

## WHEN SETTING OUT ON A JOURNEY:

Oh Allah! It is with Your help that I struggle, move, and walk. Oh Allah! I beg of You in this journey, virtue, piety, and deeds which are acceptable to You. Oh Allah! Make our journey easy for us and shorten for us its distance. Oh Allah! You are the companion in the journey and the guardian-protector of the household. Oh Allah! I seek refuge in You from the difficulties of this journey, and from disagreeable sights and from unpleasant return to (my) wealth, household, and children.

*Allahoma bika 'asool, wa bika 'ajool, wa bika 'aseer. Allahomma 'inni 'as'aloka fi safari hadha al-birra wa at-taqwa, wa min al-aamali ma tarda. Allahomma hawwin aaleyna safarana hadha wa 'atwi aanna bo'dahu. Allahomma anta as-sahibu fi is-safari wa al-khalfatu fi il-'ahel. Allahomma 'inni 'aoodho bika min wa aatha' is-safari, wa ka'abati il-manzari, wa so'i il-monqalabi fi il-maali wa al-'ahli wa al-waladi.*

اللَّهُمَّ بِكَ أَسْوَلُ، وَبِكَ أَجْوَلُ، وَبِكَ أَسِيرٌ. اللَّهُمَّ إِنِّي أَسْأَلُكَ  
فِي سَفَرِي هَذَا الْبِرَّ وَالْتَّقْوَةَ، وَبِالْحَدِيثِ مَا تَرْضَى مِنَ الْجَمْعِ  
هُوَ خَيْرٌ عَمَلًا مِمَّا هُوَ وَأَطْوَبُ نَسَبًا مِنْ بَعْدِهِ إِنَّهُمْ أَنْتَ إِصْحَابِي  
فِي السَّفَرِ وَالْمَنْزِلَةِ فِي الْإِهْلِ. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ وَعْدَاءِ  
السُّفَرِ، وَتَحَابُّهِ الْمُنَافِقِ، وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ وَالْأَهْلِ وَالرِّبَالِ.

**WHEN MOUNTING A  
MEANS OF TRANSPORTATION  
(HORSE, CAR, TRAIN, PLANE, ETC.):**

Glory to Him who has subjected these to our (use), for we could never have accomplished this (by ourselves). And to our Lord, surely must we turn back!

*Subhan al-ladhi sakhkhara lana hadha wa ma kunna laho muqrineena wa'inna 'ila Rabbina lamonqaliboon.*

(سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ  
وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ)

**WHEN RETIRING TO SLEEP:**

In Your name, oh Lord, I lay my side (to sleep). And by (Your leave) I raise it up. So if You take away my soul (during sleep), forgive it, and if You send it back (after sleep), protect it even as You protect Your pious servants.

*Bismika Rabbi wa daato janbi wa bika arfaaho, in 'amsakta nafsi faghfir laha, wa'in arsaltaha fahfazha bima tahfazo bihi ibadaka as-salihina.*

بِسْمِكَ رَبِّي وَذَعَمْتُ جَنْبِي وَبِكَ أَرْفَعُهُ .  
وَإِن أَمْسَكَتْ نَفْسِي فَأَغْفِرْ لَهَا ، وَإِن أَرْسَلْتَهَا فَاحْفَظْهَا  
بِمَا تَحْفَظُ بِهِ عِبَادَكَ الصَّالِحِينَ . (رواه جماعة)

## PRAYERS OF THE PROPHET FOR DAILY LIFE

### WAKING UP:

Praise be to Allah who gave us life after death and unto Him will be the return.

*Al-hamdu lillah-il-ladhi ahyana baada ma amatana wa'ileyhi in-nushur.*

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

### WHEN BEGINNING A MEAL:

Oh Allah! Bless (the food) You provided us and save us from the punishment of the hellfire. In the name of Allah.

*Allahomma barik lana fima razaqtana, wa qina aadhaba annar, bism-illahi.*

اللَّهُمَّ بَارِكْ لَنَا فِي مَا رَزَقْتَنَا، وَقِنَا عَذَابَ النَّارِ، بِسْمِ اللَّهِ

### AFTER FINISHING A MEAL:

Praise be to Allah who has fed us and given us drink, and made us Muslims.

*Al-hamdu lillahi il-ladhi ataamana wa saqana wa ja aalana Muslimina.*

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ

ings you will be united among yourselves. Truly, Allah becomes angry with one who does not keep his promises. May Allah keep you all in His peace.

This is from a sermon of the Prophet Muhammad (pbuh).

Let us seek guidance and forgiveness.

*Al-hamdu lillahi, hamdan kathiran, waspsalaamu aala Muhammad, wa aala ahlihi, wa sahbihi ajma'een, wa man tab'ahum be-'ihsan 'ila yom ud-deen.*

*Inna Allaha wa mala'ekatuhu, yussalloona aala an-nabi.*

*Ya ayuhalla-theena 'amanu sallahu aaleyhe, wa sallimu tasleema, wa baad.*

The Prophet (pbuh) has said as reported in Al-Hadith, Baihaqu, "Show me that you possess these five virtues: That you are truthful when you speak; that you fulfill your trust when you promise; that you guard yourself against immodesty; that you lower your eyes to the ground; and that you withhold your hand from doing what is wrong, then I will guarantee you paradise." (Read three times.)

*Iqamat as-sallaat.* (Call for the prayer.)

## KHUTBA FOR SALATUL JUMAH (FRIDAY NOON PRAYERS)

*Al-hamdu lillahi, nasta'eenuhu, wa nastaghferuhu, wa nastahdeeyahu, wa na'uzu billahi men sharri anfusana wa men sayyee'ati a'malinah. Man yahdeh ellaahu falaa mudella lahu, wa man yudell falaa hadiya lahu. Wa ash-hadu alla ellaaha ela Allah, wa ash-hadu anna Muhammadan 'abduhu wa rasuluhu, wa baad.*

*Wa ba'ad.*

Praise be to Allah! I remember and glorify His many attributes of power and mercy, and I ask help from Him. We seek refuge with Allah from the evils within ourselves and from the wickedness of our deeds. For one who is guided by Allah, there is none that can misguide him, and for one who gets astray (as a result of Allah's displeasure), there is none to guide him. And I bear witness—truly, there is no God but Allah, He is the only one with no partner. Undoubtedly, the excellent teaching is the Book of Allah, the blessed and the exalted. One whose heart Allah has adorned with it, and brought him to the fold of Islam after he has renounced the worship of many gods (polytheism), and who adopted it in preference to all other messages of the people, surely he is the successful and redeemed. Verily, it is the excellent teaching and the most eloquent.

Love you all that is loved by Allah. Get the love of Allah imprinted in your very heart, and don't feel tired of reciting Allah's words, and remembering Him, and do not blacken your hearts. This is because from among all that has been created by Allah, and liked and chosen by Him, and best of all the good things, as well as from among the lawful and unlawful, and the good forms of worship, He has assigned superiority to His own words.

So, worship Allah and associate no other partner with Him. And fear from Him as one should rightly fear, and whatever good undertakings come out of your mouths must be truly fulfilled by you in Allah's presence so that through Allah's bless-



## DAY EIGHT

**Reflections:** This time spent at Sea Base has been a time of discovery and growth. What can we learn from the time your crew has spent together with nature? We are the same and yet so different!

Oh humankind! I have created you male and female from a single soul, and made you nations and tribes so that you may know each other. Truly, the most honored of you in the sight of God is the one who is most righteous. And Allah has full knowledge and is well acquainted with all things. (Qur'an 49:13)

يَا أَيُّهَا النَّاسُ إِنَّا خَلَقْنَاكُمْ مِنْ ذَكَرٍ وَنُنْثَىٰ وَجَعَلْنَاكُمْ شُعُوبًا  
وَقَبَاثِلَ لِتَعَارَفُوا إِنَّ أَكْرَمَكُمْ عِنْدَ اللَّهِ أَتْقَاهُمْ إِنَّهُ عَلِيمٌ خَبِيرٌ ﴿١٣﴾  
(الحجرات: ١٣)

And He has put love between their hearts. Not if you had spent all that is in the earth, could you have produced that affection, but Allah has done it, for He is exalted in might, wise. (Qur'an 8:63)

وَلَوْ أَنفَ بَيْنَ قُلُوبِهِمْ؛ لَوْ أَنفَعَتْ مَا فِي الْأَرْضِ جَمِيعًا مَا أَفَعَتْ  
بَيْنَ قُلُوبِهِمْ؛ وَلَٰكِنَّ اللَّهَ أَفْعَىٰ بِهِمْ؛ إِنَّهُ عَزِيزٌ حَكِيمٌ ﴿٦٣﴾  
(الأنفال: ٦٣)

And among His signs is the creation of the heavens and the earth and the variations in your languages and your colors; truly in that are signs for those who know. . . . And among His signs He shows you the lightning by way both of fear and of hope, and He sends down rain from the sky and with it gives life to the earth after it is dead. Truly in that are signs for those who are wise. (Qur'an 30:22, 24)

قُرْآنٌ مِنْ نِيَامِكُمْ وَالسَّمَاتِ وَالْأَرْضِ وَاِخْتِلَافِ أَلْسِنَتِكُمْ  
وَأَلْوَانِكُمْ إِنَّ فِي ذَلِكَ لَآيَاتٍ لِّلْعَالَمِينَ ﴿٢٢﴾  
(الروم : ٢٢)

يُرِيهِمْ آيَاتِهِ بَرَكَاتِهِ لِيَتَّقُوهُ وَيُغْنِيَهُمْ مِّنْ السَّمَاءِ مَاءً  
فِيخْرِبُونَ وَيُنزِّلُ الْغَيْثَ لِيَأْتِيَهُمْ بِمَاءٍ مِّنْ سَمَاءٍ أَوْ سَحَابٍ مِّنْ غَمَامٍ  
فِيخْرِبُونَ ﴿٢٤﴾  
(الروم : ٢٤)

## DAY SEVEN

Reflections: Are we encouraged to nourish an intimate connection with the pulse of creation?

Aisha (*rabiyah Allah*, wife of Muhammad, Messenger of Allah) often noticed that if there was a roll of thunder, even in the distance, the face of the Prophet (pbuh) would change color. The sound of a powerful gust of wind would likewise visibly move Him and on at least one occasion when there was a downpour of rain He bared His head, shoulders, and breast and went out in the open so that He might share the delight of the earth in receiving the bounty of the earth directly upon His skin. (Adapted from the Sirah of Muhammad, from the Earliest Sources, by Martin Lings.)

The world is green and beautiful and Allah appointed you as His stewards over it. He sees how you acquit yourselves. (Saying of the prophet muhammad, pbuh.)

It is He who has made you His representatives and stewards of the earth. He has raised you in ranks, some above others, that He may try you in the gifts He has given you, for your Lord is quick in punishment, yet He is indeed Oft-forgiving, Most Merciful. (Qur'an 6:165)

﴿وَهُوَ الَّذِي جَعَلَكُمْ خَلَائِفَ فِي الْأَرْضِ وَرَفَعَ  
بَعْضَكُمْ فَوْقَ بَعْضٍ دَرَجَاتٍ لِيُبَيِّنَ لَكُمْ فِي مَا أُنتُمْ  
بِهِ رَبُّكُمْ مَرِيعَ الْعُقَابِ وَإِنَّ الْغَفُورَ رَحِيمٌ بِهِ﴾  
(الأنعام: ١٦٥)

## DAY SIX

Reflections: In nature there are many signs of Allah, if we but have eyes to see, ears to hear, and a pure heart to commune with God. What can we learn from the creation of God?

It is Allah who looses the winds that set the clouds in motion, and we drive them on to a land that is dead. Thus do we bring the earth back to life after it has been dead . . . (Qur'an 35:9)

﴿وَالَّذِي يُسَلِّطُ رِيحًا فَتَكُونُ سَحَابًا مُمَسَّكًا  
بِهِ يَأْتِي السَّحَابَ مَوْتًا ذَابِحِينَ، وَهُوَ الَّذِي يُمْسِكُ السَّمَاءَ أَنْ تَقَعَ  
بِالْأَرْضِ بِسَبَبِ الْمَوْتِ . . .﴾  
(فاطر: ٩)

## DAY FIVE

Reflections: Do we have a responsibility for the condition of the earth?

Let there be from among you, a group of believers who call to what is good, and will prohibit the evil. (Qur'an 3:104)

يَجْعَلُونَ مِنْكُمْ اُمَّةً يَدْعُونَ بِالنُّبُوَّةِ  
وَيَأْمُرُونَ بِالْمَعْرُوفِ وَيَنْهَوْنَ عَنِ الْمُنْكَرِ اِنَّ  
(الرعدہ : ۱۰۴)

Allah has promised to those among you who believe and do righteous deeds that He will assuredly make them to succeed (those now with power) and grant them stewardship and responsibility in the land just as He made those before them to succeed others. (Qur'an 24:55)

﴿وَعَدَ اللّٰهُ لِّلَّذِيْنَ اٰمَنُوْا مِنْكُمْ وَيَعْمَلُوْنَ الصّٰلِحٰتِ  
سَيُخَلِّفُهُمْ فِى الْاَرْضِ كَمَا خَلَّفَ الَّذِيْنَ مِنْ قَبْلِهِمْ اِنَّ  
(التّٰوْبٰة : ۵۵)﴾

## DAY FOUR

Reflections: How great is the power of God, and how humble should we be in His presence?

To Him is due the primal origin of the heavens and the earth. When He creates a thing, He simply says to it 'Be!' and it evolves into being. (Qur'an 2:117)

﴿يُبدِئُ السموات والأرضَ وإذا قضى أمراً﴾  
 ﴿فأب يقول له كن فيكون﴾  
 (البقرة: ١١٧)

Have not the incredulous people considered that the heavens and the earth were originally one closed-up mass, and We rent them asunder? Do not they know that it is out of water that We have made everything living? Will they not then give credence to Our portents? (Qur'an 21:30)

﴿أولم ير الذين كفروا أن السموات والأرض كانتا رتقاً﴾  
 ﴿فنفذناهن وجعلنا من الماء كل شيء حي أفلا يؤمنون﴾  
 (الأنبياء: ٣٠)

## DAY THREE

Reflections: On the sea, waves, or islands of Sea Base, the immensity of God's creation is awe-inspiring. How can we understand the majesty of God?

Surely in the creation of the heavens and the earth and in the alternation of the night and of the day are signs for men possessed of minds who remember Allah. (Qur'an 3:190)

وَيُؤَيِّنُ فِي خَلْقِ السَّمَوَاتِ وَالْأَرْضِ وُجُوهًا  
الذَّلِيلِ وَالشَّهَادَاتِ يُؤَيِّنُ الْآيَاتِ فِي  
(آل عمران : ١٩٠)

With power and skill did We construct the firmament, for it is We who create the vastness of space. And We have spread out the spacious earth. How excellently We do spread out! And of every thing We have created pairs, that you may reflect and learn. Hasten you then to Allah. (Qur'an 51:47-50)

﴿بِزُورٍ وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ﴾  
وَالْأَرْضِ فَرَشْنَاهَا فَنِعْمَ فَاعِلُونَ ،  
بِئْسَ كُلَّ شَيْءٍ حَقِيقًا زُوجِينَ لَكُمْ  
تَلَاثُونَ ، فَغُرِّبْنَا بَيْنَ يَدَيْكُمْ مَن نَدِيرٌ مِّنْكُمْ  
(الزلزلات : ٤٧ - ٥٠)

## DAY TWO

Reflections: All humans have been given a common nature (*fitra*). What is the nature of our way which is harmonious with human nature?

Set your face to the true religion—the nature of God, on which He has instituted the innate nature of mankind. No change is permissible in Allah’s creation. This is the eternal way. (Qur’an 30:30)

هَذَا آذَانٌ وَحِيدَةٌ أَلَسِنَةٌ حَقِيقَةٌ فَجَلَدْتُ اللَّهُ أَنْتَ فَنَسَرَ  
النَّاسَ عَنْهَا لَا تَبْدِلْهَا طَائِفَةٌ مِنَ اللَّهِ ذَلِكَ الْبَيْتُ الْقُدُّوسُ  
(الروم : ٣٠)

Say: He is God, The One and Only; Allah, the Eternal, Absolute; He begets not nor is He begotten; and there is none like unto Him. (Qur’an 112:1-4)

قُلْ قَدْ كُنْتُ أَحَدًا ، ثُمَّ كُنْتُ الْوَحِيدَ ، ثُمَّ كُنْتُ الْوَحِيدَ ، ثُمَّ كُنْتُ الْوَحِيدَ ،  
وَمَا يَكُنْ لِي كُفُوًا أَحَدٌ ﴿١﴾  
(الإخلاص : ١-٤)

This day have I perfected your religion for you, completed My favor upon you, and have chosen for you Islam (the way of peace and obedience to God) as your religion. (Qur’an 5:3)

قُلْ إِنِّي بَدَأْتُ لَكُمْ دِينَكُمْ وَأَتَمَمْتُ عَلَيْكُمْ  
نِعْمَتِي وَرَضِيْتُ لَكُمُ الْإِسْلَامَ دِينًا ﴿٣﴾  
(آل عمران : ٣)

## DAILY MEDITATIONS

### DAY ONE

**Reflections:** To whom do we turn our hearts and minds in worship, remembrance, and service? What are the simple words that guide us through each day?

In the name of God, Most Gracious, Most Merciful. Praise be to God, the Cherisher and Sustainer of the worlds, Most Gracious, Most Merciful, Master of the Day of Judgment. You do we worship, and Your aid we seek. Show us the straight way. The way of those on whom You have bestowed Your grace, those who earn not Your anger and who go not astray. (Qur'an 1:1-7)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ، الرَّحْمَنِ الرَّحِيمِ ، مَالِكِ يَوْمِ الدِّينِ ،  
 إِلَهِكَ هَدَىٰ وَإِلَىٰكَ نَسْعُونَ ، إِيْمَانًا تَصْرِيحًا الْمُسْتَقِيمَ ، صِرَاطَ  
 الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ . نَحْمَدُكَ يَا رَبَّ الْعَالَمِينَ وَلَا الضَّالِّينَ يَا  
 (النَّفَاثَةُ : ٦ - ٧)



**SEPTEMBER 2008**

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
<b>Date</b>	<b>Dawn</b>	<b>Sunrise</b>	<b>Noon</b>	<b>Afternoon</b>	<b>Sunset</b>	<b>Night</b>
1	6:01	7:04	1:23	4:52	7:41	8:45
2	6:01	7:04	1:23	4:52	7:40	8:44
3	6:02	7:04	1:23	4:51	7:39	8:43
4	6:02	7:05	1:22	4:51	7:38	8:42
5	6:03	7:05	1:22	4:51	7:37	8:41
6	6:03	7:05	1:22	4:50	7:36	8:40
7	6:04	7:06	1:21	4:50	7:35	8:39
8	6:04	7:06	1:21	4:49	7:34	8:38
9	6:05	7:06	1:20	4:49	7:33	8:36
10	6:05	7:07	1:20	4:48	7:32	8:35
11	6:05	7:07	1:20	4:48	7:31	8:34
12	6:06	7:08	1:19	4:47	7:30	8:33
13	6:06	7:08	1:19	4:47	7:29	8:32
14	6:07	7:08	1:19	4:46	7:28	8:31
15	6:07	7:09	1:18	4:46	7:27	8:30
16	6:08	7:09	1:18	4:45	7:26	8:28
17	6:08	7:09	1:18	4:45	7:25	8:27
18	6:08	7:10	1:17	4:44	7:24	8:26
19	6:09	7:10	1:17	4:44	7:22	8:25
20	6:09	7:10	1:17	4:43	7:21	8:24
21	6:10	7:11	1:16	4:43	7:20	8:23
22	6:10	7:11	1:16	4:42	7:19	8:22
23	6:10	7:12	1:16	4:41	7:18	8:21
24	6:11	7:12	1:15	4:41	7:17	8:20
25	6:11	7:12	1:15	4:40	7:16	8:18
26	6:12	7:13	1:14	4:40	7:15	8:17
27	6:12	7:13	1:14	4:39	7:14	8:16
28	6:12	7:13	1:14	4:38	7:13	8:15
29	6:13	7:14	1:13	4:38	7:12	8:14
30	6:13	7:14	1:13	4:37	7:11	8:13

## AUGUST 2008

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
Date	Dawn	Sunrise	Noon	Afternoon	Sunset	Night
1	5:43	6:50	1:30	4:56	8:08	9:16
2	5:44	6:51	1:30	4:56	8:07	9:15
3	5:45	6:51	1:30	4:56	8:06	9:14
4	5:45	6:52	1:29	4:57	8:06	9:14
5	5:46	6:52	1:29	4:57	8:05	9:13
6	5:47	6:53	1:29	4:57	8:04	9:12
7	5:47	6:53	1:29	4:57	8:04	9:11
8	5:48	6:54	1:29	4:57	8:03	9:10
9	5:48	6:54	1:29	4:57	8:02	9:09
10	5:49	6:55	1:29	4:57	8:01	9:08
11	5:50	6:55	1:28	4:57	8:01	9:07
12	5:50	6:55	1:28	4:56	8:00	9:06
13	5:51	6:56	1:28	4:56	7:59	9:05
14	5:51	6:56	1:28	4:56	7:58	9:05
15	5:52	6:57	1:28	4:56	7:57	9:04
16	5:53	6:57	1:28	4:56	7:57	9:03
17	5:53	6:58	1:27	4:56	7:56	9:02
18	5:54	6:58	1:27	4:56	7:55	9:01
19	5:54	6:58	1:27	4:56	7:54	8:59
20	5:55	6:59	1:27	4:55	7:53	8:58
21	5:55	6:59	1:26	4:55	7:52	8:57
22	5:56	7:00	1:26	4:55	7:51	8:56
23	5:56	7:00	1:26	4:55	7:50	8:55
24	5:57	7:00	1:26	4:55	7:49	8:54
25	5:57	7:01	1:25	4:54	7:48	8:53
26	5:58	7:01	1:25	4:54	7:47	8:52
27	5:58	7:02	1:25	4:54	7:46	8:51
28	5:59	7:02	1:24	4:53	7:45	8:50
29	5:59	7:02	1:24	4:53	7:44	8:49
30	6:00	7:03	1:24	4:53	7:43	8:48
31	6:00	7:03	1:23	4:52	7:42	8:47

**JULY 2008**

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
<b>Date</b>	<b>Dawn</b>	<b>Sunrise</b>	<b>Noon</b>	<b>Afternoon</b>	<b>Sunset</b>	<b>Night</b>
1	5:26	6:37	1:27	4:49	8:17	9:29
2	5:26	6:37	1:28	4:50	8:17	9:29
3	5:26	6:37	1:28	4:50	8:17	9:29
4	5:27	6:38	1:28	4:50	8:17	9:29
5	5:27	6:38	1:28	4:50	8:17	9:29
6	5:28	6:39	1:28	4:51	8:17	9:29
7	5:28	6:39	1:28	4:51	8:17	9:28
8	5:29	6:39	1:29	4:51	8:17	9:28
9	5:29	6:40	1:29	4:52	8:16	9:28
10	5:30	6:40	1:29	4:52	8:16	9:28
11	5:31	6:41	1:29	4:52	8:16	9:27
12	5:31	6:41	1:29	4:52	8:16	9:27
13	5:32	6:42	1:29	4:53	8:16	9:27
14	5:32	6:42	1:29	4:53	8:15	9:26
15	5:33	6:42	1:29	4:53	8:15	9:26
16	5:33	6:43	1:30	4:53	8:15	9:26
17	5:34	6:43	1:30	4:54	8:15	9:25
18	5:35	6:44	1:30	4:54	8:14	9:25
19	5:35	6:44	1:30	4:54	8:14	9:24
20	5:36	6:45	1:30	4:54	8:14	9:24
21	5:36	6:45	1:30	4:55	8:13	9:23
22	5:37	6:46	1:30	4:55	8:13	9:23
23	5:38	6:46	1:30	4:55	8:12	9:22
24	5:38	6:47	1:30	4:55	8:12	9:21
25	5:39	6:47	1:30	4:55	8:11	9:21
26	5:40	6:48	1:30	4:56	8:11	9:20
27	5:40	6:48	1:30	4:56	8:10	9:19
28	5:41	6:49	1:30	4:56	8:10	9:19
29	5:42	6:49	1:30	4:56	8:09	9:18
30	5:42	6:50	1:30	4:56	8:09	9:17
31	5:43	6:50	1:30	4:56	8:08	9:17

## JUNE 2008

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
Date	Dawn	Sunrise	Noon	Afternoon	Sunset	Night
1	5:22	6:33	1:21	4:44	8:09	9:21
2	5:22	6:33	1:21	4:44	8:09	9:21
3	5:22	6:33	1:22	4:44	8:10	9:22
4	5:21	6:32	1:22	4:44	8:10	9:22
5	5:21	6:32	1:22	4:44	8:11	9:23
6	5:21	6:32	1:22	4:44	8:11	9:23
7	5:21	6:32	1:22	4:44	8:12	9:24
8	5:21	6:32	1:23	4:45	8:12	9:24
9	5:21	6:32	1:23	4:45	8:12	9:25
10	5:21	6:32	1:23	4:45	8:13	9:25
11	5:21	6:32	1:23	4:45	8:13	9:25
12	5:21	6:32	1:23	4:45	8:13	9:26
13	5:21	6:33	1:24	4:45	8:14	9:26
14	5:21	6:33	1:24	4:45	8:14	9:27
15	5:21	6:33	1:24	4:46	8:14	9:27
16	5:21	6:33	1:24	4:46	8:15	9:27
17	5:21	6:33	1:24	4:46	8:15	9:27
18	5:22	6:33	1:25	4:46	8:15	9:28
19	5:22	6:33	1:25	4:46	8:15	9:28
20	5:22	6:34	1:25	4:47	8:16	9:28
21	5:22	6:34	1:25	4:47	8:16	9:28
22	5:22	6:34	1:26	4:47	8:16	9:29
23	5:23	6:34	1:26	4:47	8:16	9:29
24	5:23	6:35	1:26	4:47	8:16	9:29
25	5:23	6:35	1:26	4:48	8:16	9:29
26	5:24	6:35	1:26	4:48	8:17	9:29
27	5:24	6:35	1:27	4:48	8:17	9:29
28	5:24	6:36	1:27	4:48	8:17	9:29
29	5:25	6:36	1:27	4:49	8:17	9:29
30	5:25	6:36	1:27	4:49	8:17	9:29

**MAY 2008**

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
<b>Date</b>	<b>Dawn</b>	<b>Sunrise</b>	<b>Noon</b>	<b>Afternoon</b>	<b>Sunset</b>	<b>Night</b>
1	5:40	6:47	1:20	4:48	7:54	9:01
2	5:39	6:46	1:20	4:48	7:54	9:01
3	5:38	6:45	1:20	4:48	7:55	9:02
4	5:37	6:44	1:20	4:47	7:55	9:03
5	5:37	6:44	1:20	4:47	7:56	9:03
6	5:36	6:43	1:20	4:47	7:56	9:04
7	5:35	6:43	1:20	4:47	7:57	9:05
8	5:34	6:42	1:20	4:47	7:57	9:05
9	5:33	6:41	1:20	4:46	7:58	9:06
10	5:33	6:41	1:20	4:46	7:58	9:07
11	5:32	6:40	1:20	4:46	7:59	9:07
12	5:31	6:40	1:20	4:46	7:59	9:08
13	5:31	6:39	1:20	4:46	8:00	9:09
14	5:30	6:39	1:20	4:45	8:00	9:09
15	5:29	6:38	1:20	4:45	8:01	9:10
16	5:29	6:38	1:20	4:45	8:01	9:11
17	5:28	6:37	1:20	4:45	8:02	9:11
18	5:28	6:37	1:20	4:45	8:02	9:12
19	5:27	6:36	1:20	4:45	8:03	9:13
20	5:27	6:36	1:20	4:45	8:03	9:13
21	5:26	6:36	1:20	4:45	8:04	9:14
22	5:26	6:35	1:20	4:44	8:04	9:15
23	5:25	6:35	1:20	4:44	8:05	9:15
24	5:25	6:35	1:20	4:44	8:05	9:16
25	5:24	6:34	1:20	4:44	8:06	9:17
26	5:24	6:34	1:20	4:44	8:06	9:17
27	5:23	6:34	1:21	4:44	8:07	9:18
28	5:23	6:33	1:21	4:44	8:07	9:18
29	5:23	6:33	1:21	4:44	8:08	9:19
30	5:22	6:33	1:21	4:44	8:08	9:20
31	5:22	6:33	1:21	4:44	8:09	9:20

## APRIL 2008

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
Date	Dawn	Sunrise	Noon	Afternoon	Sunset	Night
1	6:11	7:14	1:27	4:55	7:40	8:44
2	6:10	7:13	1:27	4:55	7:40	8:44
3	6:08	7:12	1:26	4:55	7:41	8:45
4	6:07	7:11	1:26	4:55	7:41	8:45
5	6:06	7:10	1:26	4:55	7:42	8:46
6	6:05	7:09	1:26	4:54	7:42	8:46
7	6:04	7:08	1:25	4:54	7:43	8:47
8	6:03	7:07	1:25	4:54	7:43	8:47
9	6:02	7:06	1:25	4:54	7:43	8:48
10	6:01	7:05	1:25	4:54	7:44	8:48
11	6:00	7:04	1:24	4:53	7:44	8:49
12	5:59	7:03	1:24	4:53	7:45	8:49
13	5:58	7:02	1:24	4:53	7:45	8:50
14	5:57	7:01	1:24	4:53	7:46	8:50
15	5:56	7:00	1:23	4:52	7:46	8:51
16	5:54	6:59	1:23	4:52	7:47	8:52
17	5:53	6:58	1:23	4:52	7:47	8:52
18	5:52	6:57	1:23	4:52	7:47	8:53
19	5:51	6:56	1:22	4:51	7:48	8:53
20	5:50	6:55	1:22	4:51	7:48	8:54
21	5:49	6:55	1:22	4:51	7:49	8:55
22	5:48	6:54	1:22	4:50	7:49	8:55
23	5:47	6:53	1:22	4:50	7:50	8:56
24	5:46	6:52	1:21	4:50	7:50	8:56
25	5:45	6:51	1:21	4:50	7:51	8:57
26	5:45	6:50	1:21	4:49	7:51	8:58
27	5:44	6:50	1:21	4:49	7:52	8:58
28	5:43	6:49	1:21	4:49	7:52	8:59
29	5:42	6:48	1:21	4:49	7:53	9:00
30	5:41	6:47	1:21	4:48	7:53	9:00

**MARCH 2008**

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
<b>Date</b>	<b>Dawn</b>	<b>Sunrise</b>	<b>Noon</b>	<b>Afternoon</b>	<b>Sunset</b>	<b>Night</b>
1	5:42	6:45	12:36	3:56	6:26	7:29
2	5:42	6:44	12:35	3:57	6:26	7:29
3	5:41	6:43	12:35	3:57	6:27	7:30
4	5:40	6:42	12:35	3:57	6:27	7:30
5	5:39	6:41	12:35	3:57	6:28	7:31
6	5:39	6:41	12:35	3:57	6:28	7:31
7	5:38	6:40	12:35	3:57	6:28	7:31
8	5:36	6:38	12:34	3:57	6:29	7:32
9	6:35	7:37	1:34	4:57	7:30	8:33
10	6:34	7:36	1:34	4:57	7:30	8:33
11	6:33	7:35	1:33	4:57	7:31	8:34
12	6:32	7:34	1:33	4:57	7:31	8:34
13	6:31	7:33	1:33	4:57	7:32	8:34
14	6:30	7:32	1:32	4:57	7:32	8:35
15	6:29	7:31	1:32	4:57	7:33	8:35
16	6:28	7:30	1:32	4:57	7:33	8:36
17	6:27	7:29	1:32	4:57	7:34	8:36
18	6:26	7:28	1:31	4:57	7:34	8:37
19	6:25	7:27	1:31	4:57	7:34	8:37
20	6:24	7:26	1:31	4:57	7:35	8:38
21	6:23	7:25	1:30	4:57	7:35	8:38
22	6:22	7:24	1:30	4:57	7:36	8:39
23	6:20	7:23	1:30	4:57	7:36	8:39
24	6:19	7:22	1:29	4:57	7:37	8:40
25	6:18	7:21	1:29	4:57	7:37	8:40
26	6:17	7:20	1:29	4:56	7:37	8:41
27	6:16	7:19	1:29	4:56	7:38	8:41
28	6:15	7:18	1:28	4:56	7:38	8:42
29	6:14	7:17	1:28	4:56	7:39	8:42
30	6:13	7:16	1:28	4:56	7:39	8:43
31	6:12	7:15	1:27	4:56	7:40	8:43

# **PERPETUAL PRAYER SCHEDULE FOR ISLAMORADA, FLORIDA**

Latitude = 24° 52' N

Longitude = 80° 43' W

*Qiblah* = 56° 34' E (from N)



## ABOUT THIS SECTION

Almighty God has blessed us with life, health, and the strength and opportunity to reflect on our spiritual condition and grow our connection with God and His creation. The tests and challenges of the Sea Base provide the chance to draw closer to God for support and deepen our respect and fellowship with our mates.

This section of our worship book has been designed for use by Muslim crews, for Muslim Scouts and Scouters who are members of non-Muslim crews, and for the education and inspiration of persons of all faiths. You will find tables of prayer-times; prayers of the Prophet (peace be upon him) for use in daily living; a *khutba*, or Friday sermon of the Prophet (pbuh), for use during the Friday noon prayers; and eight days of daily meditations with appropriate passages from the Qur'an or teachings of the Prophet Muhammad (pbuh) on which to reflect.

Remember that when we are traveling, we are permitted to combine and shorten the noon and afternoon prayers (*zuhr* and *asr*) to two units each, and to combine the sunset and night prayers (*maghrib*) and shorten the night prayer (*isha*) to two units. It also was the practice of the Prophet (pbuh) never to leave the two units of the *Sunnah* prayer before the obligatory dawn prayer (*fajr*), or the one-unit *Sunnah* closing prayer (*witr*) after the night prayer. In addition, remember that we are taught that even a smile is charity. God Almighty has commanded us to remember Him at all times and in all places. Since He has promised us His mercy and compassion, we should be thankful and praise Him in all we do. May the peace of God Almighty be with you all.

*As-salaamu aleykum.*

# MAJESTIC DEPTHS

## SEA BASE WORSHIP

### MUSLIM SECTION

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MUSLIM

*The Holy Qur'an: Text, Translation, and Commentary*, by Abdullah Yusef Ali. Published by Amana Corporation, Brentwood, Maryland, 1983.

*Selected Prayers, A Collection of Du'a from the Qur'an and Sunnah*, compiled by Jamal A. Badawi. Published by Islamic Teaching Center, Indianapolis, Indiana, 1979.





t'fila v'tachanun atah. Baruch  
atah Adonai, shomei-a t'fila.

May it be Your will, our God and God of our ancestors, to lead us on the way of peace, so that You will bring us happily to our destination safe and sound. Save us from danger on the way. Give us good grace, kindness, and favor both in Your eyes and in the eyes of all we may meet. Hear our prayer for You and a God who listens to the heart's supplication. Praised are You, Adonai, who hears our prayers.

## T'FILAT HADERECH— PRAYER FOR TRAVELERS

«□ÉΣοοº;ϣϣ ÉÉ ^ÉΞ□ÁÚÿIσοÒ Ô»^T ÉσοοºÿÉ  
 «□ΣÍÉσοI»ΣΞÐ÷ ``□ÉΣ`»ϣϣ ÉÉ Ôοοº;ϣϣ ÔÃ  
 Í»ÍÁ÷ÿÏ «□Σ„ÉσοÚÿ^Á·ÿÁ·Í»ÍÁ÷ÿÏ  
 «□ÚÉÚεοδÃ·ÿÁ Í»ÍÁ÷ÿÏ «□ΣÉÍΞÃ·ÿÁ  
 ÍÉσοiÃÄÿÏ «□Σ^ÿÚÉÐÃ Ê»ÀÿÒεοÍ  
 «□ΣÍÉσο^Á·ÿÁ·Í»ÍÁ÷ÿÏ« οοºÁÄÿÒεοδÿÏ»  
 ·V»ϣϣÁ·ÔÉ»ϣϣiÍftl ÚÃkIσοÒ  
 \_WεϣÃε»ÚT·iÃÄÿÁ ÍÉσοËÿÿÓεοÿÿÁ  
 `»iεο□ÁÚÿ«ÚÉÔ□ÉσοÒ÷ÍÁkIσοÒ«  
 ΕÍÁÍ»ÚÁÍ·»ϣÁ·`»÷ÿdUÿ·εοnÃοοº  
 οοºÔºÿÚÃÒ÷Íftlÿÿε οοºÁÍTÿε ÄÄÿÿ÷εο·ÿÁ  
 „ÉÓÉÄÿÏ« ÔÖÄÿÏ «□Σ□ÿÿεσο·ÿÁ ``□ÉΣ·ÁÉ  
 ÷Íftl ÍÖÖ□ÉÖÿÿ« ^ÉΞ□ÉÖÿÿε ÍÉσοÒÀÿÿÏ»  
 Í»^ ÚÃÒÿ÷εο·ÿÁ ``□Σϣ»^  
 ÄÚΣÒ»÷ ÍÖϣ ÉσοÉ «□ÉΣ□«□ÄÃΣ  
 \_«^Áε ΕοοºÁΣ0ϣ Ô«□ÄÃ·ÿÁ οοºÁÍεοÚÿΣ  
 ΕοοºÁÍεοÚÿΣ ÄÚΣÒ»÷ ``ÉÉ οοºÁΣÃϣ

Y'hi ratzon mil'fanecha Adonai Eloheinu  
 veilohei avoteinu, shetolicheinu  
 l'shalom, v'tatzideinu l'shalom  
 v'tadricheinu l'shalom v'tagi-einu  
 limchoz cheftzeinu l'chayim  
 ul-simcha ul-shalom, v'tatzileinu  
 mikaf kol oyeiv v'oreiv  
 v'listim v'chayot ra-ot baderech  
 u-mi kol minei fur-anivot  
 hamitrag'shot uva-ot la-olam.  
 V'tishlach b'racha b'chol ma-asei  
 yadeineu, v'tit'neinu l'chein ul-chesed  
 ul-rachamin b'einecha uv-einei chol  
 ro-einu, v'tishma kol  
 tachanuneinu, ki Eil shomei-a







*Leader, raising the goblet of wine again:*

אֲדֹנָי אֱלֹהֵינוּ אֱלֹהֵי הַקֹּדֶשׁ  
 אֲדֹנָי אֱלֹהֵינוּ אֱלֹהֵי הַקֹּדֶשׁ  
 אֲדֹנָי אֱלֹהֵינוּ אֱלֹהֵי הַקֹּדֶשׁ  
 אֲדֹנָי אֱלֹהֵינוּ אֱלֹהֵי הַקֹּדֶשׁ  
 אֲדֹנָי אֱלֹהֵינוּ אֱלֹהֵי הַקֹּדֶשׁ  
 אֲדֹנָי אֱלֹהֵינוּ אֱלֹהֵי הַקֹּדֶשׁ  
 אֲדֹנָי אֱלֹהֵינוּ אֱלֹהֵי הַקֹּדֶשׁ  
 אֲדֹנָי אֱלֹהֵינוּ אֱלֹהֵי הַקֹּדֶשׁ

Baruch atah Adonai,  
 Eloheinu melech ha-olam,  
 hamavdil bein kodesh l'chol,  
 bein or l'choshech, bein  
 Yisrael la-amin, bein yom  
 hashvi-i l'shei-shet y'mei  
 hama-aseh. Baruch atah  
 Adonai, hamavdil bein  
 kodesh l'chol.

Praised are You, Eternal our God, Ruler of the universe, who  
 has made a distinction between the holy and the ordinary,  
 between light and darkness, between the people of Israel and  
 the heathens, between the seventh day and the six ordinary  
 days of the week. Praised are You, Adonai, who has made a  
 distinction between the holy and the ordinary.

## BIRKAT HAMAZON

**(GRACE AFTER MEALS)**

Shir hama-a-lot is sung before Grace on Sabbaths and  
 Festivals.

## HAMOTZI

### (BLESSING OVER THE BREAD)

ברוך אתה יהוה אלהינו יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד

Baruch Ata Adonai,  
 Eloheinu melech ha-olam,  
 hamotzi lechem min ha-aretz

Blessed is the Eternal our God, Ruler of the universe, who  
 causes bread to come forth from the earth.

## HAVDALAH

### (END OF SHABBAT)

*The Leader raises the cup of wine*

ברוך אתה יהוה אלהינו יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד

Blessed is the Eternal our God, Ruler of the universe, Creator  
 of the fruit of the vine.

*The Leader holds up the spice-box*

ברוך אתה יהוה אלהינו יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד

Blessed is the Eternal our God, Ruler of the universe, Creator  
 of all the spices.

*The spice-box is circulated;  
 the Leader holds up the candle*

ברוך אתה יהוה אלהינו יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד  
 ואתה יהוה אחד ואתה יהוה אחד

Blessed is the Eternal our God, Ruler of the universe, Creator  
 of the light of fire.



..oo\ÁÍŦoo\Á\Ÿ«oo\ÁÀŸÒso\ŸšÍAd bÁÍŸÙÁš WÉËÙÍ»ÍÁ÷Ÿ·Éso‡»Ÿš  
 °oo\ÁÍÁÍÉso‡»š °oo\ÁÍÁÍÉso‡»š Ɔoo\ÁÍ\ŸÓÍÁÙÉÖ□«Ò‡‡\_»š  
 ...oo\ÁÍŸÍ

Bo-i ve-sha-lom, a-te-ret ba-a-la;  
 gam be-sim-cha u-ve-tso-ho-la.  
 toch e-mu-nei am se-gu-la  
 bo-i cha-la! bo-i cha-la! Le-cha do-di . . .

Enter in peace, O crown of your husband; enter in gladness,  
 enter in joy. Come to the people that keeps its faith. Enter O  
 bride! Enter, O bride!  
 Beloved . . .

## HADLAKAT NEROT

"ÍÁÍ»ÙÁoo\ \_EDİEDÒ "«□ÉÖoo\;‡‡ ÁÁŸÉÍ "oo\ÁšÁ‡\_«\_Áš  
 ƆÁÁšÁ÷İD÷\_Ö□ÉsoİÉÁoo\ŸŸk□Á«soŸÁÁÉÁ»Ÿ^soÖŸš□Á÷ŸšNİD÷‡

Baruch Ata Adonai Eloheinu melech ha-olam,  
 asher kidshanu b'mitzvotav  
 v'tzivanu L'hadlik ner shel Shabbat.

Blessed is the Eternal our God. Ruler of the universe, by Whose  
 Mitzvot we are hallowed, Who commands us to kindle the lights  
 of Shabbat.

## KIDDUSH

(BLESSING OVER THE WINE)

"Six days shall you labor and do all your work, but the sev-  
 enth day is consecrated to the Eternal your God." With wine,  
 our symbol of joy, we celebrate this day and its holiness. We

**LECHA DODI**

אֲדוֹנָי יְיָ אֱלֹהֵינוּ אֶתְּחַלְּצֶנּוּ מִיַּד יְהוָה  
 אֲדוֹנָי יְיָ אֱלֹהֵינוּ אֶתְּחַלְּצֶנּוּ מִיַּד יְהוָה

Le-cha do-di lik-rat ka-la, pe-nei Sha-bat ne-ka-be-la.

Beloved, come to meet the bride; beloved, come to greet Shabbat.

אֲדוֹנָי יְיָ אֱלֹהֵינוּ אֶתְּחַלְּצֶנּוּ מִיַּד יְהוָה  
 אֲדוֹנָי יְיָ אֱלֹהֵינוּ אֶתְּחַלְּצֶנּוּ מִיַּד יְהוָה  
 ... אֲדוֹנָי יְיָ

Sha-mor ve-za-chor be-di-bur e-chad,  
 hish-mi-a-nu Eil ha-me-yu-chad.  
 A-do-nai e-chad u-she-mo e-chad,  
 le-sheim u-le-tif-e-ret ve-li-te-hi-la.  
 Le-cha do-di . . .

“Keep” and “Remember”: a single command the Only God caused us to hear; the Eternal is One, His name is One; His are honor and glory and praise.  
 Beloved . . .

הִתְחַלְּצֵנוּ מִיַּד יְהוָה אֲדוֹנָי יְיָ אֱלֹהֵינוּ  
 הִתְחַלְּצֵנוּ מִיַּד יְהוָה אֲדוֹנָי יְיָ אֱלֹהֵינוּ  
 ... אֲדוֹנָי יְיָ

Hit-o-re-ri, hit-o-re-ri, ki va o-reich! ku-mi, o-ri,  
 u-ri u-ri, shir da-bei-ri;  
 ke-vod A-do-nai a-la-yich nig-la. Le-cha do-di . . .

Awake, awake, your light has come! Arise, shine, awake and sing;  
 the Eternal’s glory dawns upon you.  
 Beloved . . .

## WELCOMING SHABBAT

Sing

## SHALOM ALEICHEM

Sha-lom a-lei-chem,  
mal-a-chei ha-sha-reit  
mal-a-chei El-yon,  
mi-me-lech ma-le-chei  
ha-me-la-chim,  
ha-ka-dosh ba-ruch Hu.

Bo-a-chem le-sha-lom,  
mal-a-chei ha-sha-lom,  
mal-a-chei El-yon,  
mi-me-lech ma-le-chei  
ha-me-la-chim,  
ha-ka-dosh ba-ruch Hu.

Ba-re-chu-ni le-sha-lom,  
mal-a-chei ha-sha-lom,  
mal-a-chei El-yon,  
mi-me-lech ma-le-chei  
ha-me-la-chim,  
ha-ka-dosh ba-ruch Hu.

Tsei-te-chem le-sha-lom,  
mal-a-chei ha-sha-lom,  
mal-a-chei El-yon,  
mi-me-lech ma-le-chei  
ha-me-la-chim,  
ha-ka-dosh ba-ruch Hu.

יְשׁוּעָה וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ

וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ

וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ

וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ

וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ  
וְשָׁלוֹם לְכָל אֶחָד מֵאֵינֵינוּ

## DAY EIGHT

We have come to the end of our experience at the Sea Base. Do you feel good about having completed your experience? What do you think were your biggest accomplishments these past eight days?

Not all of your accomplishments have been physical ones. You have come to a better understanding of yourself and of your fellow crew members. You have grown in your appreciation of God's land and God's gifts to you in nature and in friendships.

Now it is time to look homeward and to family and friends there. You have matured. You are now an even greater and finer gift to them.

What do you want to do for your family when you get home? Your friends?

God, thank You for every gift You have given me these past days. As I go home, make me a special gift to my family and friends. AMEN

**DAY SIX**

Hallelujah.

Praise God in His sanctuary;

praise Him in the sky, His stronghold.

Praise Him for His mighty acts;

praise Him for His exceeding greatness.

Praise Him with blasts of the horn;

praise Him with harp and lyre.

Praise Him with timbrel and dance;

praise Him with lute and pipe.

Praise Him with resounding cymbals;

praise Him with loud-clashing cymbals.

Let all that breathes praise the Lord.

Hallelujah.

Psalm 150

**DAY SEVEN**

Almighty God, give me grace to keep the solemn Oath which I have made. Teach me to speak and do the truth, and to shun all that is false in speech and deed. Help me to carry out cheerfully our daily tasks, and to do the good that lies near to hand. Make me thoughtful for others and teach me the meaning of true friendship. Forgive me the wrong I have done, and give strength to resist all temptation; and when things go ill, grant that I may turn to You a trustful heart and to the world a smiling face. Help me to be a true Scout, and make me strong to follow You through all life's way. Remind me, God, to thank the leaders of my crew for the encouragement they have given me. AMEN



## DAY FIVE

Ma tovu ohalecha Ya-akov  
Mishk'notecha Yisrael

·2ÙÄÉ^ÉËÁ00º¢·4r½º0ºÄÖ  
ÆÏÖ¢TÿÐºÉ^É·»□Y>Y÷ºÖ

How goodly are your tents, O Jacob,  
your dwelling places, O Israel.

The sense of being chosen impressed itself deeply on the soul of our people. And yet they did not consider themselves superior to other nations, for they knew that all humans are God's children. It was not their lineage but the possession of Torah that made them a choice people. For centuries they stood alone in upholding divine truth and the way of Torah in a world steeped in ignorance, superstition, and cruelty. Yet they always believed that others, too, might be chosen, if only they would choose the way of God.

Only one privilege did they claim, that of serving God and God's truth. And with that privilege came an exacting responsibility: "You of all the families of the earth, have known Me best; therefore I will hold you all the more accountable for your iniquities."

Israel gave birth in time to other religions that have brought many to God but our responsibility continues, for our mission remains unfulfilled. It will continue until the earth is full of the knowledge of God as the sea-bed is covered by water.

O God of Israel, teach me to be worthy of the name of Jew. May I do nothing to disgrace it. May my every act bring honor to my faith and glory to Your name. May I understand my responsibility as a Jew, to continue the task begun by earlier generations of my people who achieved greatness by their faith in the mission to which You had called them: to serve in Your name, to bring light and blessing to all the families of the earth. AMEN

And God said: “This is a beautiful world that I have given you. Take care of it; do not ruin it.”

How can I take good care of the Sea Base, my country and my world? O God, guide me as I strive to take good care of Your creation. AMEN.

## DAY FOUR

For the leader; on the gittith. A psalm of David.

O Lord, our Lord,

How majestic is Your name throughout the earth,  
You who have covered the heavens with Your splendor!

From the mouths of infants and sucklings

You have founded strength on account of Your foes,  
to put an end to enemy and avenger.

When I behold Your heavens, the work of Your fingers,

the moon and stars that You set in place,  
what is man that You have been mindful of him,  
mortal man that You have taken note of him,  
that You have made him little less than divine,  
and adorned him with glory and majesty;

You have made him master over Your handiwork,  
laying the world at his feet,

sheep and oxen, all of them,  
and wild beasts, too;

the birds of the heavens, the fish of the sea,  
whatever travels the paths of the seas.

O Lord, our Lord, how majestic is Your name  
throughout the earth!

Psalm 8

## DAY TWO

A song for ascents.

I turn my eyes to the mountains;  
from where will my help come?  
My help comes from the Lord,  
maker of heaven and earth.  
He will not let your foot give way;  
your guardian will not slumber.  
See, the guardian of Israel  
neither slumbers nor sleeps!  
The Lord is your guardian,  
the Lord is your protection  
at your right hand.  
By day the sun will not strike you,  
nor the moon by night.  
The Lord will guard you from all harm;  
He will guard your life.  
The Lord will guard your going and coming  
now and forever.

Psalm 121

## DAY THREE

Oh, how wonderful are the nights! The many stars seem closer than ever. This land and sea are so beautiful, the challenges renew my soul. Thank you, God, for making it possible. Remind me, as I experience the beauty of our world, that this is Your gift to us.

“And God saw everything that had been created, and found it very good.”

## MEDITATIONS FOR EACH DAY

### DAY ONE

God be praised, now and forever,  
for giving us minds to understand Your teachings.

God be praised, now and forever,  
for hands that lift up those who fall.

God be praised, now and forever,  
for ears that hear the cry of those who need help.

God be praised, now and forever,  
for hearts that care about the needs of others.

God be praised, now and forever,  
for eyes that see the beauty of earth and sky and sea.

God be praised, now and forever,  
for the new day and this new journey.

We praise God for all that is good, true,  
and beautiful in our lives.

Dear God, thank you for the wonderful opportunity to be here at the Sea Base. Give me the strength to endure, the wisdom to enjoy each moment, and the courage to push myself further than I ever have before. Bless my crew and its leaders as we begin our Sea Base experience. AMEN











Oseh shalom bim-romav hu      אֱלֹהֵינוּ יְיָ אֱלֹהֵינוּ  
 ya-aseh shalom aleinu v'al      אֱלֹהֵינוּ יְיָ אֱלֹהֵינוּ  
 kol Yisrael, v'imru. Amen.      אֱלֹהֵינוּ יְיָ אֱלֹהֵינוּ

May the One who causes peace to reign in the high heavens, let  
 peace descend on us, on all Israel, and on all the world. And  
 we say: Amen

Al sh'losha d'varim ha-olam      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ  
 omeid: Al ha-Torah v'al      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ  
 ha-avodah v'al g'milut      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ  
 chasadim.      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ

The world stands on three things:  
 On the Torah, on divine service, and on deeds of loving kindness.

V'taheir libeinu l'ovd'cha      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ  
 be-emet.      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ

Purify our hearts to serve You sincerely.

Esa einai el heharim      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ  
 Mei'ayin yavo ezri.      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ  
 Ezri mei-im Hashem      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ  
 Oseh shamayim va-aretz.      אֵלֶּיךָ יְיָ אֱלֹהֵינוּ

I will lift my eyes to the hills  
 From where comes my help.  
 My help comes from Adonai  
 Who made heaven and earth.



Evening

^«|YIÄ00°YÉÍ»É±ÍÁIÿ6ÍÉ90÷»„O«÷»„L^ÿÖ90÷ÿÄ÷÷»„L00°ÁzÄ±  
|÷÷»„ÁwÄ00° IÖ±Á00° ÁÉYÉ 00°ÁzÄ± \_ «-Á6 Ɔ00°ÁIÉDp

Eternal is Your might, O God, all life is Your gift; great is Your power to save!

With love You sustain the living, with great compassion give life to all. You send help to the falling and healing to the sick; You bring freedom to the captive and keep faith with those who sleep in the dust.

Who is like You, Master of Might? Who is Your equal, O God of life and death, Source of salvation? Blessed is the Eternal, the Source of life.

You are holy, Your name is holy, and Your holy ones praise you daily. Praised are You, O Eternal, the holy God.

For Friday Evening

«□S÷ÿCKE«□SÁÄ«□YÖ00°00°ÖY«□ÉÉ»«É±Ö00°;±ÖÄ«□ÉS00°;±±  
«□SÄÿnÄÿÄ±E«r00°□SÜY6Ä°^ET«ÿ6«□YÉDÄÖÖÿÄ±ÉÉ»»900°YÖ6  
00°Ä00°9□SÉ0ÄÿÄ0°\YÄ±EÄÖ±D8ÿY+Uÿ□S00°00°ÄÿÄ±^SÄÜ«±É0S  
IÖ±TÿÖ90±Ä«Ä±ÄÉYÄ^Ä±E÷F\*Ä6Ä÷Ö»Tÿ«00°Ä00°Ä±ÿ6«□ÉS00°;±±  
ÄÄ6ÄpÄ00°÷ÖCÿYÖ00°Ä00°É00°ÁzÄ±\_ «-Á6Ɔ^EÖY÷ÉÖ÷ÿCÿYÖÖ

Our God and God of our ancestors, accept our Shabbat offering of rest. Add holiness to our lives and Your mitzvot and let Your Torah be our portion. Fill our lives with Your goodness, and gladden us with Your triumph. Cleanse our hearts and we shall serve You faithfully. Lovingly and willingly, Adonai our God, grant that we inherit Your holy gift of Shabbat forever, so that Your people Israel who hallow Your name will always find rest on this day. Praised are You, Adonai who hallows Shabbat.















Blessed are they who dwell in Your house;  
they shall praise You forever.

Psalm 84:5

Blessed the people who are so favored;  
blessed the people whose God is the Lord.

Psalm 144:15

I glorify You, my God, my Sovereign; I praise You throughout  
all time.

Every day do I praise You, exalting Your glory forever.

Great is God, and praiseworthy;  
His greatness exceeds definition.

One generation lauds Your works to another,  
declaring Your mighty deeds.

They tell of Your wonders, and of Your glorious splendor.

They speak of Your greatness, and of Your awesome power.

They recall Your goodness; they sing of Your faithfulness.

Gracious and compassionate is God;  
patient, and abounding in love.

God is good to all; His compassion embraces all.

All of Your creatures shall praise You;  
the faithful shall repeatedly bless You.

They shall describe Your glorious sovereignty,  
declaring Your power.

And people will know of Your might,  
the splendor of Your dominion.

Your sovereignty is everlasting.  
Your dominion endures for all generations.



## DAILY WORSHIP SERVICE

O God, it is not easy to pray,  
 And yet I pray that these few moments  
 Will somehow bring me closer to You.

### READ RESPONSIVELY OR TOGETHER

“The Torah is a tree of life to them that hold fast to it.”

Because a Scout is reverent, a Scout strives to be true to God, to study the Torah, and to live according to its commands.

“Seek the peace of the city and pray unto God for it; for in the peace of it shall you have peace.”

Because a Scout is reverent, a Scout is loyal to America and its ideals of religious liberty to all.

“All Jews are mindful of the well-being of one another.”

Because a Scout is reverent, a Scout is loyal to the Jewish people and is ready to help other Jews everywhere.

“Honor your father and your mother that your days may be long upon the land.”

Because a Scout is reverent, a Scout is a devoted and loyal son or daughter.

“Oh, how good it is, and how pleasant, for friends to dwell together in unity.”

Because a Scout is reverent, he or she strives to be a good Scout, a good Jew, and a good American at all times.

## ABOUT THIS SECTION

The Eternal our God has blessed us with life, health, and the strength and opportunity to reflect upon our spiritual condition and grow our connection with God and His creation. The tests and challenges of the Sea Base provide the chance to draw closer to God for support and deepen our respect and fellowship with our trail-mates.

This section of our trail worship book has been designed for use by Jewish crews, for Jewish Scouts and Scouters who are members of non-Jewish crews, and for the education and inspiration of persons of all faiths. In this section, you will find a worship service and aleinu for daily use; ten days of daily meditations with prayers, parables, and points on which to reflect; Shabbat rituals; and a prayer for travelers.

Prayer during the Jewish day is divided into three major periods, and there are prayer services which correspond to each of these periods. Morning prayers (Shacharit) are recited from the predawn hour when one can differentiate color using natural light through the first half of the day. Afternoon prayers (Mincha) are recited from halfway through the day until sunset, and evening prayers (Maariv) are said from sunset until the rise of the morning star. Prayers are also recited whenever appropriate for experiencing natural wonders as well as for receiving nourishment. The Jewish Sabbath is observed from 18 minutes prior to sunset on Friday (candle-lighting time) until one hour after sunset on Saturday night. To assist Jewish Scouts in calculating the proper times for services as well as for the observance of the Sabbath, we refer you to pages M-4–M-10 of this book for a reference chart.

# MAJESTIC DEPTHS

## SEA BASE WORSHIP

### JEWISH SECTION

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Used by permission: *Gates of Prayer*, Central Conference of American Rabbis and the Union of Liberal and Progressive Synagogues, London, 1975.

*Likrat Shabbat*, by Rabbis Sidney Greenberg and Jonathan D. Levine. Published by the Prayer Book Press, Bridgeport, Conn., 1981. Credits:



## CHAPLAIN AIDE DUTIES

Encourage crew members to strengthen their own relationships with God through personal prayer, devotions, and participation in religious activities. As a goal, attend at least one chapel service during your week at Sea Base.

Teach the Sea Base grace to the crew and use it for meals. Learn to sing the grace as an aid to memorization and to give it lasting meaning. As a goal, have each crew member lead at least two prayers during your week at Sea Base. These can be done by leading grace, including leading the singing or saying of grace at flag ceremonies.

Organize times for reflection and meditation. Use the resources of Majestic Depths, passages from scripture, or special experiences of the day. Set aside sufficient time for discussion, reflection, and prayer. As a goal, have each crew member lead or actively participate in at least two periods of reflection during your week at Sea Base.

Provide an opportunity to learn about the religious emblems programs, religion in Scouting, and Interfaith Scout Services. Meet with the chaplain to obtain this information. As a goal, arrange a meeting between the chaplain and your crew to discuss religious programs in Scouting.

Remember to be sensitive to the various faiths and beliefs of your crew members. Collaborate with your crew leader and advisor whenever you encounter difficulties or have concerns. Remember that the Sea Base chaplain is available to help you and your crew to have the best experience possible.

If you have achieved your goals, you may be eligible for the Sea Base Duty to God award. This patch can be earned by all of your crew members, including adults! If the requirements are not in your leaders' packet, the chaplain will provide them to you.



## WELCOME TO SEA BASE!

You are about to embark on an adventure that you will remember for the rest of your life! Whether you are sailing, diving, fishing, or camping, you will encounter some of the most beautiful sites in the entire world. Perhaps most importantly, you will see God's handiwork, and how humankind has interacted with God's creation.

The coral reefs upon which the Keys and islands are built support a fragile ecosystem. The colorful varieties of flora and fauna are unparalleled in all of America. You will have a chance to experience this beauty while learning how changes in the environment affect life on the reefs. You will have an opportunity to help to preserve this magnificent coral world, both on land and in the water. You will also come to realize that what we do every day when we return home has an impact on our oceans.

This worship book provides resources for the three largest faith groups in America (Christians, Jews, and Muslims). These major sections are modeled after land-based treks lasting up to 10 days, so that this book can be used in your camping experiences in other adventures as well. Keep this book handy. After returning home, take it camping with you and use the examples for worship and prayer frequently.

Additionally, sections are provided for music and interfaith worship. The hymns in *Majestic Depths* include several that were written specifically for the Sea Base. Baden-Powell, the founder of the world Scouting movement, affirmed that young adults can heighten their experiences, both in the adventure and in their recognition of God's presence, with song. There is reason to sing of God's glory at the Sea Base. Few people will ever experience what you will encounter in this adventure.

As part of your experience at Sea Base, visit the chaplain and participate in a formal worship service. If time permits, your chaplain may accept your invitation to join you in a worship service on the water or on an island, perhaps with other crews that are nearby. If you have a need for special religious services, the chaplain will help to arrange for your needs.

May God bless you with a safe, enjoyable and memorable experience.

# MAJESTIC DEPTHS

## SEA BASE WORSHIP FOR JEWS, MUSLIMS, AND CHRISTIANS

Written by Rabbi Arnold Sleutelberg, Fr. Robert Guglielmo,  
Rev. Leo Symmank, Dawood Zwink, and Gamal Hamid

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# KEYS BLESSING AND GRACE

## Hymn:

(to the tune of “For the Beauty of the Earth”)

For the grandeur of the Keys, for the azure of the skies,  
For the cooling ocean breeze,  
Coral sand beneath us lies,  
Hear our voices rise to Thee, bless us while we’re on the sea.

For the coral so alive, for the treasures we explore,  
For our safety when we dive,  
For our captains, crew and more,  
Bless us Lord, we pray to Thee, as we dive beneath the sea.

For the palm trees tall and green, for the sunsets’ golden hue,  
For the sights so seldom seen,  
Distant waters green and blue,  
For the wonders we can see, blessings we beseech of Thee.

For the mighty winds and tide, for the steady engines’ roar,  
For the Sea Base boats we ride,  
Reef to reef and shore to shore,  
Bless us Father while we roam, then return us safely home.

## Grace:

Bless the creatures of the sea.  
Bless the person I call me.  
Bless the Keys You made so grand.  
Bless the sun that warms the land.  
Bless the fellowship we feel  
As we gather for this meal.  
AMEN.

Hymn – © Eugene Foley for the Florida Sea Base, 2006

Grace – John P. Hammond for the Florida Sea Base, ca. 1978.

# Majestic Depths

SEA BASE WORSHIP FOR JEWS,  
MUSLIMS, AND CHRISTIANS



BOY SCOUTS



OF AMERICA®