Camping and Island Survival
- Conservation of freshwater
- Ability to start a fire and use it for cooking
- Enforcement of “Leave No Trace”
- Completion of Mangrove Maze
- Produce freshwater by creating a solar still
- Effectively communicate using signaling mirrors
- Understand coastal weather patterns

Navigational Knowledge
- Point out the North Star at night
- Safely navigate as a crew to Munson Rocks
- Determine general tide patterns; flood & ebb tides

Nature Knowledge
- Proper identification of mangrove species
- Proper identification of harmful plants
- Choose the best location among vegetation to set up a campsite that would protect you from the elements, and explain why you chose that location
- Discuss its beneficial features of the Gumbo Limbo tree
- Show proper respect to sensitive species of plants, animals & marine life

Fishing Knowledge
- Proper use of tackle and equipment
- Ability to self-sufficiently, tie knots, bait your own hook and remove fish from hook in a timely manner
- Ability to clean and prepare fish in event of enough fish

Behavior and Personal Care
- Keep camp site and tents neat and clean
- Efficiently cook, clean and store cookware
- Willingly work as a team and follow orders from crew leaders and mates
- Properly use, care and clean equipment, including boats and war canoes
- Successfully complete 7 low ropes challenges as a team